2025
CMAS World Championship Freediving Outdoor
MASTERS

Mytikas Greece
5-18 September2025

HELLENIC REPUBLIC
Ministry of Education,
Religious Affairs and Sports

MESSAGE FROM THE CMAS PRESIDENT

Anna Arzhanova

President, CMAS

It gives me great pleasure to welcome you to the village of Mytikas, Greece.
On behalf of CMAS, I would like to express our gratitude to the host city for sharing our passion for underwater sports and for their willingness and flexibility in hosting our championship.

I am confident that Greece will deliver outstanding competition for athletes and fans alike.

The excellent open water conditions in Mytikas, as well as the local hospitality, are ready to welcome more than 120 athletes from over 30 countries and provide them with the perfect conditions to compete.
I would like to express my sincere thanks to our partners, staff, officials, and volunteers for all their hard work and dedication in making this event possible.

I hope you will join me in cheering on the incredible athletic performances. I also hope you will take some time to experience the beautiful Greek culture and warm hospitality during your stay.

To the athletes, please accept our best wishes for your competitions. We will be cheering you on from the stands, while working to provide the excellent conditions your hard work and talent merit!

MESSAGE FROM THE ALTERNATE MINISTER OF SPORTS

Ioannis Vroutsis

Alternate Minister of Sports

Greece welcomes the 2025 CMAS World Championship Freediving Outdoor Seniors-Juniors.
This event, organized by Diving Greece, the Organizing Committee for Diving events established by the Ministry of Sports, is now a reality.

As the Ministry of Sports, we are committed to investing in the development of underwater sports, with the vision of making Greece a prominent player in the global sports community.

Every year, our uniquely beautiful seas and modern sports facilities will host World Championships and International Competitions.

Top freediving athletes will push their endurance limits, diving on a single breath into the unparalleled waters of our homeland.

Beyond my institutional role as Minister of Sports, there is another reason why I strongly believe in the value and potential of freediving in Greece. My heritage!

The Cyclades and the unique island of Amorgos, my homeland, which is the birthplace of freediving.

I am certain that this event will be a great success and will remain unforgettable for all.

Welcome to Mytikas.

Best of luck to all!

MESSAGE FROM THE PRESIDENT OF THE GREEK FEDERATION

Dimitrios Galinas
President, Greek Underwater Federation

Dear friends and colleagues,
It is my honor to welcome you to Athens Greece, for the 2025 CMAS World Championship Freediving Outdoor Seniors - Juniors.

Greece has had the privilege of hosting a number of CMAS events in the past.

The World Championships is unique in bringing the best athletes from all over the world together in a celebration of our one sport. We are grateful for the trust you have shown in awarding us the right to host these prestigious Championships. We can assure you that we will honor the trust with an exceptional event.

I am sure that the 2025 CMAS World Championships Freediving Outdoor Seniors-Masters will meet your expectations and will be an unforgettable event.

We are so excited to welcome you to Mytikas.

MESSAGE FROM THE PRESIDENT OF DIVING GREECE

Dimitris Koumoulos
President, Diving Greece organizing Committee

Dear athletes, coaches and esteemed guests,

On behalf of Diving Greece Committee, I'm thrilled to welcome you to the 2025 CMAS World Championship Freediving Outdoor in Mytikas. I strongly believe that for more than 10 days we will witness extraordinary performances from all the freedivers around the world. It is our honor to host the best athletes representing their nations and we take immense pride in having been chosen as the organizers of this prestigious event.

We are fully committed to provide a world class competition environment, ensuring that all athletes and coaches will have an exceptional experience in and out of the water.

We are ready to host this Championship and we are ready to extend our warmest hospitality, ensuring that the athletes depart with lasting memories of our country and its welcoming spirit.

We are confident that this year's CMAS World Championship will be an outstanding event, highlighting the remarkable capabilities of all athletes. Let us come together to celebrate their incredible achievements and the spirit of this exceptional sport!

MESSAGE FROM THE CMAS FREEDIVING DIRECTOR

Tolis Bellos
CMAS freediving Director

Dear Federation Representatives, Athletes, Coaches, and friends of Freediving,

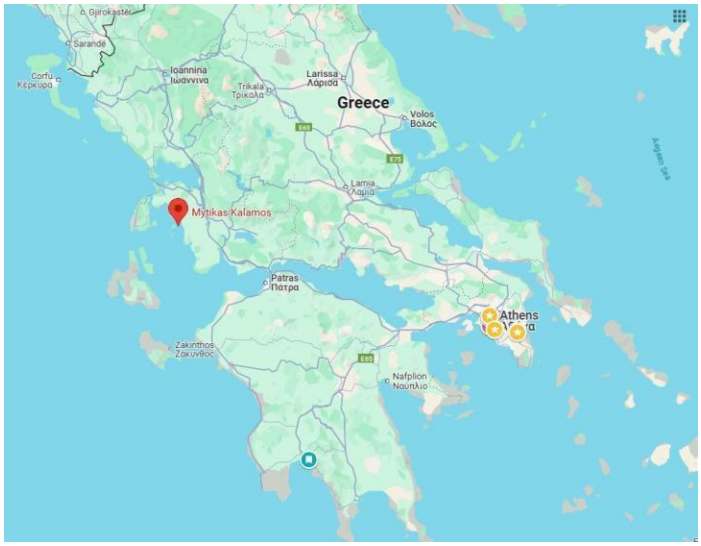
It is with great enthusiasm and honor that I welcome you all to the 2025 CMAS World Championship Freediving Outdoor, hosted in the village of Mytikas. This event brings together the very best of our sport, remarkable athletes, dedicated teams, and a shared passion for freediving excellence.

Our organizing team is committed to creating an event that reflects the highest standards of professionalism, fairness, and innovation. We have worked diligently to design a championship that not only challenges athletes but also ensures a supportive environment for coaches and federations alike.

This championship is more than a competition, it is an opportunity to promote the sport not only within our global community, showcase the beauty of freediving, and inspire the next generation of divers.

We look forward to witnessing extraordinary performances, celebrating personal achievements, and building lasting memories together. May this championship be a momentous occasion for everyone involved.

Welcome to CMAS Championships in Greece. Welcome to the heart of freediving



Welcome to Mytikas GREECE

Welcome to Greece, the proud host of the 2025 CMAS World Championship Freediving Outdoor.

Welcome to Mytikas!

A beautiful coastal village on the western coast of Etoloakarnania, between Astakos and Paleros, in front of Kalamos island. A Natura 2000 protected area. It belongs to the Municipality of Xiromero.

It is built on a small peninsula that sticks into the sea like a nose. From there he got his name. This position gives it a special beauty. The two bays that are formed on one and the other side of the nose, are a pole of attraction for many tourists who have the opportunity to swim in their beautiful beaches. Enjoy your unforgettable journey at the 2025 CMAS World Championship Freediving Outdoor, Mytikas Greece.

MYTIKAS AERIAL VIEW

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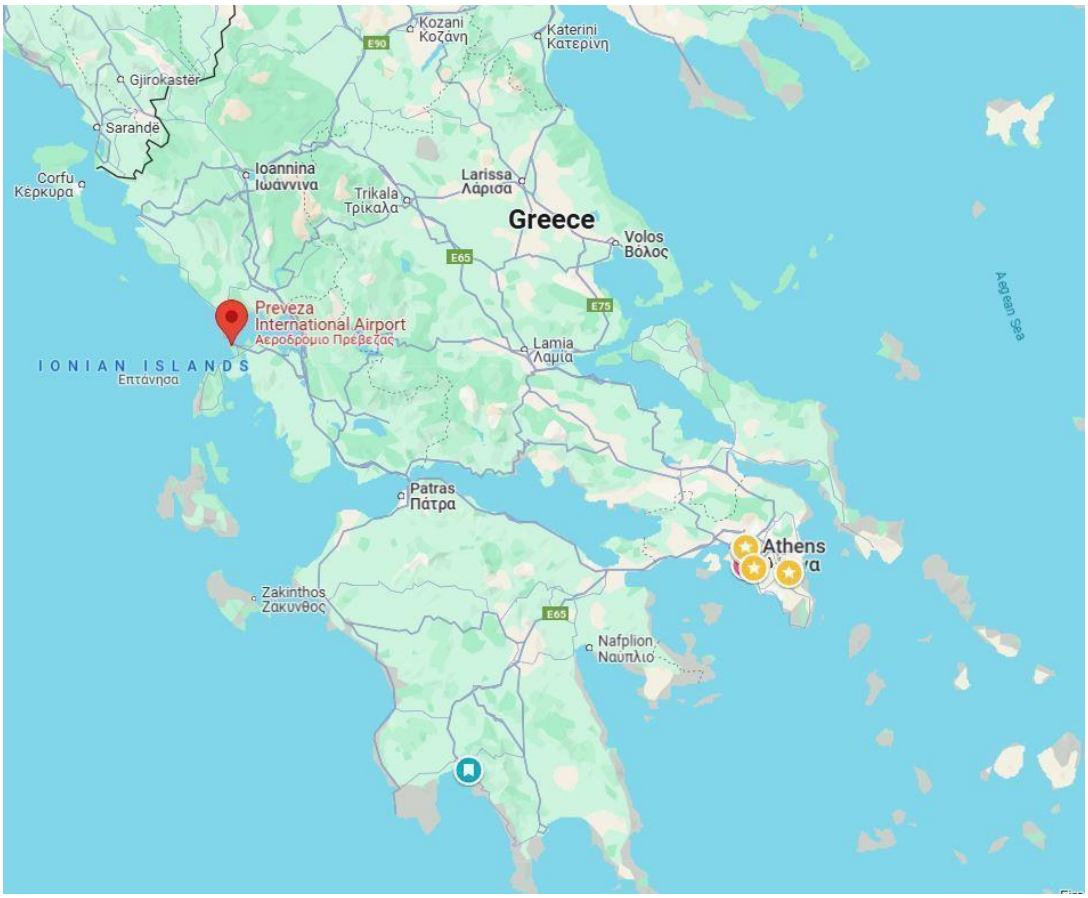
Aktion Airport



Aktion National airport (IATA: PVK, ICAO: LGPZ) is an airport serving Preveza and Lefkada in Greece. It is also known as Preveza airport.

it is also used by Nato and Hellenic air force command. the airport commenced operations in 1968

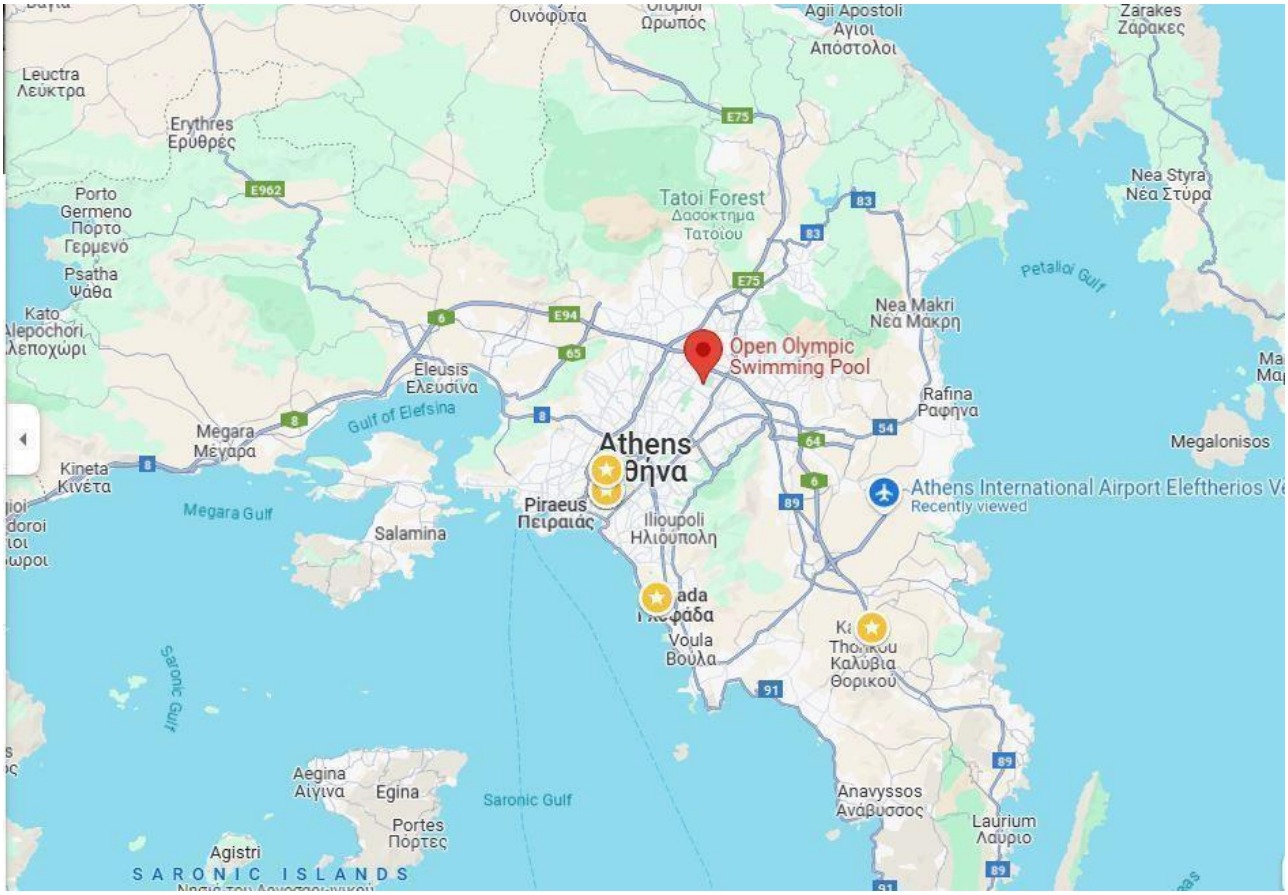
https://www.pvk-airport.gr/en/

Athens Airport: El Venizelos

Athens International Airport, officially named “El. Venizelos” and shortly known as AIA, is the biggest and most widely-known airport in Greece. Moreover, it is the most occupied aviation hub in the Balkans and is listed among the busiest European airports.
Located 33km/20.5 miles away from Athens city center, in the Spata area, Athens Airport is the “home” of Aegean Airlines and a focus airport for some smaller, mostly budget air carriers.

As a matter of fact, in 2023, Athens Airport welcomed more than 28.17 million tourists, springing back and even exceeding its pro-covid levels.
The airport of the Greek capital offers its passengers a wide range of amenities as well as quick and effective services.

Overall, Athens Airport is a modern, multi-awarded, and passenger-friendly aviation hub.
HTTPS://ATHENS-INTERNATIONAL-AIRPORT.COM/
HTTPS://WWW.AIA.GR/TRAVELER/



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PART A
COMPETITION INFORMATION

- ## EVENT SCHEDULE

The Draft Program of the event is as follows:

- 5 September 2025. Arrivals and early registrations.
- Official training on 6 and 7 September 2025 from 08:00 to 14:00.
- Final registration on 8 September
- The opening ceremony will take place on 8 September 2025 at Main Plaza
- Medal ceremonies will be held downtown at the closing ceremony.
- The closing ceremony will take place on 17 September at main Plaza

- ## COMPETITIONS PROGRAM

There will be CWT with Mono/Bi-Fins, Free Immersion, CNF and CWTBi-Fins competitions for Seniors Men and Women.

	5 September	Arrival-registrations
Day 1	6 September	Official training
Day 2	7 September	Official training
Day 3	8 September	Technical meeting -Ceremony-Final registration day
Day 4	9 September	CWT Men
Day 5	10 September	CWT Women
Day 6	11 September	FIM Men
Day 7	12 September	FIM Women
Day 8	13 September	Rest Day
Day 9	14 September	CNF Men
Day 10	15 September	CNF Women
Day 11	16 September	CWT Bifins Men
Day 12	17 September	CWT Bifins Women – Closing Ceremony
	18 September	Departures

Parallel to the above categories, will also take place the 5th CMAS World Championship Free Diving Depth Master's Category 2025 at the same days but with different ranking.

- ## GENERAL PROGRAM

The Program of the event will be as follows:

- The opening ceremony will take place on **8 SEPTEMBER THURSDAY** at 18.00 p.m.
- Medals ceremonies will be held at the port before the closing ceremony
- The closing ceremony will take place on **17 SEPTEMBER SATURDAY** after the Medals ceremony.

PROGRAM SCHEDULE:

2025 CMAS 9th WORLD CHAMPIONSHIP FREE DIVING DEPTH

5 SEPTEMBER FRIDAY	
09:00-18:00	Official registrations
6 SEPTEMBER SATURDAY	**OFFICIAL TRAINING**
08:15	Depart to training site from port (Competitors) (CWT, FIM, CNF, CWT-BF)
7 SEPTEMBER SUNDAY	**OFFICIAL TRAINING**
08:15	Depart to training site from port (Competitors) (CWT, FIM, CNF, CWT-BF)
8 SEPTEMBER MONDAY	**FINAL REGISTRATION DAY**
16:00	**ORGANIZATIONAL & TECHNICAL MEETING** Location: HOTEL
18:00	**OPENING PROGRAM** Parade of the teams
	OPENING SPEECHES CMAS President, Guest Speakers
9 SEPTEMBER TUESDAY	**CWT MEN**
08:00	Depart to Competition Area (Competitors)
09:00	CWT Competition Men
10 SEPTEMBER WEDNESDAY	**CWT WOMEN**
08:00	Depart to Competition Area (Competitors)
09:00	CWT Competition Women

11 SEPTEMBER THURSDAY	**FIM MEN**
08:00	Depart to Competition Area (Competitor)
09:00	FIM Competition Men
12 SEPTEMBER FRIDAY	**FIM WOMEN**
08:00	Depart to Competition Area (Competitor)
09:00	FIM Competition Women
13 SEPTEMBER SATURDAY -REST DAY	
	REST DAY FOR ALL
	In case of cancelation a previous day this can reserved for a competition day program after decision of TD
14 SEPTEMBER SUNDAY	**CNF MEN**
08:00	Depart to Competition Area (Competitors)
09:00	CNF Competitions Men
15 SEPTEMBER MONDAY	**CNF WOMEN**
08:00	Depart to Competition Area (Competitors)
09:00	CNF Competitions Women
16 SEPTEMBER TUESDAY	**CWT BIFINS MEN**
08:00	Depart to Competition Area (Competitors)
09:00	CWT-BF Competitions Men
17 SEPTEMBER WEDNESDAY	**CWT BIFINS WOMEN**
08:00	Depart to Competition Area (Competitors)
09:00	CWT-BF Competitions Women
18.00	**Medals ceremony**
	CLOSING CEREMONY-PARTY
18 SEPTEMBER THURSDAY - DEPARTURE	
	Departures of delegations

- ## ADDITIONAL TRAINING

From middle August will be offered daily training.
CWT with Mono/Bi-Fins, CWT No Fins and FIM
The athletes have to pay for additional Training.

TRAINING sessions will be available after booking.

For official training packages pls contact:

Dimitris Koumoulos,

email: dkoumoulos@gmail.com WhatsApp +30 6944 312 419

INTERNATIONAL JURY

CMAS Technical Delegate according to the CMAS Rules.

CLASSIFICATION AND AWARDS

According the CMAS rules

PROTESTS

According to the CMAS rules.

DOPING CONTROL

Doping Control follows the international rules of WADA and CMAS Anti-doping code.

SPECIAL NOTES

- As some of the actions will take place according to the competition finishing time, final program will be announced at the technical meeting before the competition from the CMAS Technical Delegate.
- The event is open to the athletes aged 50 and over fully complying with the provisions of CMAS Regulations.
- Masters are not counted in the limitation of 4 athletes.

- CMAS, the Competition Director, Competition Officers and the Technical Delegate are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.
- The rules of competitions applied will be:
  CMAS Freediving International Rules Depth Competition
- Athletes must be in possession of:
  - The entry form at CMAS portal
  - Valid CMAS freediving sports license
  - ADEL certificate
  - ON LINE license for Masters
  - Insurance
  - Medical certificate not older than 12 months
  - ID document- Passport.

  Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded. Also, athletes have to fulfill all the liability release documents concerning the competition.

PART B

1. **CMAS Registration**

Pls notice that all entries as National teams must be made by the Nationals federations.

Registration for the competition https://portal.cmas.org/

TO TAKE PART IN THE COMPETITION MUST:

- Need to know the Rules and Regulations of the CMAS (Procedures and Obligations, Freediving depth rules)
- Log into CMAS portal https://portal.cmas.org/cmas/dashboard
- Go to the event section https://portal.cmas.org/cmas/evt-events/events
- Use the filter options to find the event you want to register.

Masters Registration

Masters' registration will be done individually from each master athlete at the relevant event page. Masters' registration is final only after the payment online of 51 euros or else it will remain on the waiting list and will not be included at the competition.

2. **LOC Registration and Participation fees**

Registration period: starting May 1 to July 30
Registration fees without accommodation for athletes:
Until July 30th **euro 750 per athlete**
After August 1st **+10%** in the above price

Registration fees without accommodation for coaches – officials - assistants:
Until July 30th **euro 350 per person**
After August 1st **euro 400 per person**

Pls check and sign ANNEXES. They have to be fulfilled and signed by returning email.
Pls contact LOC for account info amd payemnt details. LOC email: 2025depth@diving-greece.gr

DEADLINES FOR ENTRY AND PARTICIPATION FEES

- Initial entry form (Annex 1) and entry fees payment, or at least 50% of the amount,should be sent to the Organizing Committee, together with a copy of the bank transfer.
    - Any time from 1st May but **not later** than **15/06/2025**:
- Full competitor list (Annex 3) and full payment.
    - No later than **30/07/2025**
- Registration at cmas portal and payment of CMAS fees and licenses
    - No later than **30/07/2025**:

CMAS PORTAL DEADLINES

Registration entries must be entered online through, https://portal.cmas.org/login,

Opening date of registration: 01/05/2025

Closing date of registration: 30/07/2025

LOC email: 2025depth@diving-greece.gr

VISA

If you require a visa invitation, please contact the organizing committee at least two months before entry.

GENERAL INFORMATION

Only participants with a CMAS registration are eligible to compete in the Championship.

The registration of participants means that they accept and respect the championship rules, the safety conditions set by the organizers and the CMAS rules and regulations.
Masters have no limitations on athletes per country.
Registration has to be done individually or through federation for Masters.
Age Categories are as defined at the relevant CMAS freediving rules.
Entries must be submitted to CMAS portal within deadlines https://portal.cmas.org/login

Please carefully take note of the following important points:
1. No Modifications to Assigned Disciplines:
Once registration has closed, no changes to the disciplines assigned to athletes will be accepted. This includes switching, adding, or removing events.
2. No Additional Disciplines:
Athletes will only be entered in the disciplines they were registered for within the official deadlines. No additional disciplines will be accepted at a later stage.
3. Declared Personal Bests (PBs) as Zero:
Athletes who declared a PB of “0” (zero) in any discipline and there is no official result registered in CMAS competitions, will be placed at the beginning of the start list, ordered alphabetically.
4. Reminder – Penalty for DNS (Did Not Start):
According to CMAS Depth Freediving Rules, article 1.3.1.3, In case of no show during the World Championships, the athletes will be declared DNS and a penalty of 300 euros will be applied to the team or individually for masters.
Athletes who will not start will be excused only for medical reasons.

MEDICAL SERVICES

Medical Support & Emergency Procedures

On-Site Medical Coverage: Qualified medical doctors will be present throughout the competition to provide immediate first aid and initial medical support.
Emergency Transport: In the event of more serious medical situations, an ambulance will be stationed at the shore to facilitate rapid transfer to the nearest public hospital.
Responsibility for Off-Venue Incidents: Any health issues or injuries occurring outside the designated competition area are the responsibility of the individual athletes or their teams, including transportation and medical care arrangements.
Medical Expenses: All medical and hospital expenses are the responsibility of the athletes or their teams. The organizing committee does not cover these costs.
Diving-Related Accidents: In the event of any accident occurring during a dive, the athlete must undergo a medical evaluation at the local hospital. Further participation or travel will only be permitted upon clearance by the attending medical professionals in accordance with the established medical protocol.

INSURANCE

All teams must ensure that all their participants have adequate private health and repatriation insurance during 2025 CMAS WORLD CHAMPIONSHIP FREEDIVING OUTDOOR Mytikas Greece.
The participants should purchase adequate medical insurance and repatriation insurance at their place of departure. The medical insurance shall at least cover accidental medical treatment, sudden illness and hospitalization allowance.
The repatriation insurance shall cover the costs in case of an emergency where you need to return to your place of departure. All participants must have valid insurance and provide the insurance certificate upon request. CMAS, Greek federation and Organizing committee will not be liable for any risks arising therefrom.

REFUND POLICY

1) Requesting Removal from the competition

- 1a. Teams or athletes requesting to be removed from the competition need to do so via email to LOC, by the captain or the coach of the team. We will use the date and time stamp as verification to when the request was sent. Phone calls, messages and texts will not be accepted.
- 1b. Any team or athlete that requests to be removed from the competition, before 30 days of the start date of the competition, will be removed with no administration fees accessed and full refund.
- 1c. Any team that requests removal from the competition 30 days or less from the start date, will have a euro 100 per person, administration fee, deducted from their entry fee. The refund will be 50% of the remaining amount.

1d. No refund will be issued for hotel or transfer expenses if less than 30 days.

2) No refund will be issued to any team or athlete that requests removal from the competition 10 days or less from the start date of the competition.

3) Non-paid teams or athletes will not be allowed to participate until the fee is paid.

HOTELS

You can find at the website below information about accommodation and Mytikas
https://discovermytikas.com/

Teams, officials, athletes and Participants will be accommodated in several hotels and the booking will be selected and decided from the National teams as well as the booking arrangements and payments. The selection of each hotel and the payment of the hotels will be directly from each National team to hotels or booking platforms.
Pls take care for early booking because August-September is full season for Mytikas hotels and the availability will be limited.

We have reserve for the competition some hotels, rooms and apartments, in cooperation with local community and municipality. Even so September is full period, so pls contact as earlier directly for booking the rooms and hotels at the above website.

If there is need for help for booking from organization side, pls contact Evangelia Paliogianni

Evangelia Paliogianni

eva.paliogianni@gmail.com

Tel 6982922584 what's app + viber

Rent a car or a van is easy and can be booked either online or at airport
https://w w w.economybookings.com/

https://www.rentalcars.com/en/

CONTACTS

LOC email: 2025depth@diving-greece.gr

Organizing committee President: Dimitris Koumoulos,

WhatsApp +30 6944 312 419 e-mail: dkoumoulos@gmail.com

CMAS Freediving Director: Tolis Bellos

WhatsApp +306975863210 e-mail: tolis.bellos@sport.cmas.org