nOxyCup 2024 - CMAS Hungarian Open Indoor Apnea Championship
Information for athletes

1. **Aim of the competition**
The aim of the competition is to promote competitive indoor apnea. The event will serve as an opportunity for national and international qualification and ranking of athletes.

2. **Date and place of the competition**
Duna Aréna
1138 Budapest, Dagály street
02-03 November, 2024 (Sat & Sun)

3. **Organizer**
- nOxygen Apnea Club

4. **Jury**
- in dynamic disciplines 1 judge per athlete
- in static disciplines 1 judge per athlete

5. **Registration prerequisites**
Athletes must comply to following criteria to be able to compete:
- has a valid (not older than 1 year) medical certificate
- signed medical statement
- signed liability release statement
- at least 14 years old
- fully completed registration by the registration deadline

6. **Registration**
Registration is possible via email to noxygenapneaclub@gmail.com

**Additional information:**
- **Registration starts:** 1 May, 2024
- **Registration ends:** 30 October, 2024
- Limited spots available on a first come first serve basis (maximum of 70 spots)
- The registration is complete when the athlete receives written confirmation via email
- Incomplete registrations are invalid
- The organizer reserves the right to decline registration once the spots have been filled
- The organizer will refund the entry fee in case of invalid registration without any delays

7. Entry fee

The entry fee is:

● 89,- EUR until 30 August
● 99,- EUR from 1 September to 14 October
● 109,- EUR late registration from 15 October to 30 October

The full amount is to be transferred to:

nOxygen Apnea Club Egyesület

IBAN: HU3212100011176645760000000
SWIFT code: GNBAHUHB
domestic bank account (HU): 12100011-17664576 (Gránit Bank)
description: Donation

Please note that amounts paid with wrong description will be refunded

8. General Terms & Conditions

a) The competition will follow both CMAS protocols.
b) The event has CMAS world record status.
c) Athletes must use equipment for warm up and competition in accordance with the competition rules according to CMAS rules.
d) Athletes take part in the competition at their own risk.

9. Organizational details

a) The competition for each discipline will be conducted for both sexes at the same time (female and male)
b) Warm-up time (WT) and Top Time will be defined based on the personal best performance.
c) Announcement per discipline shall be made at registration.

10. Pools

a) Static apnea will take place in a 110 cm deep indoor pool with warm water (>30 Celsius)
b) Dynamic Apnea will take place in a 50 m long, 300 cm deep pool.

11. Ranking

The performances will be ranked in CMAS ranking. Male and female performances and different age categories will be ranked according to CMAS ranking.
12. Disciplines

Female:

- Static Apnea (STA)
- Dynamic Apnea No Fins (DNF)
- Dynamic Apnea (DYN)
- Dynamic Apnea with bi-fins (DYNB)

Male:

- Static Apnea (STA)
- Dynamic Apnea No Fins (DNF)
- Dynamic Apnea (DYN)
- Dynamic Apnea with Bi-fins (DYNB)

13. Competition schedule

See appendix 1.

14. Protest

Protest is possible for up until 30 minutes after the announcements of preliminary results. The fee is 50,-EUR that will be refunded in case of successful protest. The protest will be judged by the judges.

15. Costs

The cost of the competition itself (including the pool rental, fee of judges, safety, medical staff and the prizes) is covered by the organizers. Athletes must cover their own expenses such as travel, food and accommodation. Athletes and coaches may enter the competition area free of charge after successful registration.

16. Equipment

Athletes must use CMAS competition rule compliant equipment and are accountable for the condition of the equipment used in the competition.

17. Other

a) The organizer reserves the right to any changes and will inform all athletes in due time.
For further inquiries please contact:

Dr. László Bacskó
nOxygen Apnea Club Egyesület
(+36 30) 300 1354
e-mail: noxygenapneaclub@gmail.com

Budapest, 1 May 2024
## Appendix 1

### COMPETITION SCHEDULE

#### 04 November 2023 (Saturday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.10 – 08.30</td>
<td>Briefing for STA</td>
</tr>
<tr>
<td>09.00 – 11.00</td>
<td>Static Apnea (STA)</td>
</tr>
<tr>
<td>11.00 – 12.00</td>
<td>Break / training in 25 m pool / briefing for DNF</td>
</tr>
<tr>
<td>12.00 – 14.15</td>
<td>Dynamic Apnea No Fins (DNF)</td>
</tr>
<tr>
<td>15.00 – 16.00</td>
<td>Awards Ceremony for STA and DNF</td>
</tr>
<tr>
<td>16.00 – 17.00</td>
<td>Training in 50 m pool</td>
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</tbody>
</table>

#### 05 November 2023 (Sunday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.00 – 08.20</td>
<td>Briefing for DYN/DYNB</td>
</tr>
<tr>
<td>08.40 – 11.10</td>
<td>Dynamic Apnea (DYN/DYNB)</td>
</tr>
<tr>
<td>12.00 – 12.30</td>
<td>Awards Ceremony</td>
</tr>
</tbody>
</table>