nOxyCup 2023 - CMAS Hungarian Open Indoor Apnea Championship

Information for athletes

(2023)

1. **Aim of the competition**
   The aim of the competition is to promote competitive indoor apnea. The event will serve as an opportunity for national and international qualification and ranking of athletes.

2. **Date and place of the competition**
   Alfréd Hajós National Swimming Stadium
   1138 Budapest, Margitsziget 23800
   04-05 November, 2023 (Sat & Sun)

3. **Organizer**
   - nOxygen Apnea Club
   - Hungarian Diving Federation

4. **Jury**
   - in dynamic disciplines 1 judge per athlete
   - in static disciplines 1 judge per athlete

5. **Registration prerequisites**
   Athletes must comply to following criteria to be able to compete:
   - registered athlete or certified (minimum level 1 of any international certification)
   - has a valid (not older than 1 year) medical certificate
   - signed medical statement
   - signed liability release statement
   - at least 14 years old
   - fully completed registration by the registration deadline

6. **Registration**
   Registration is possible via email to noxygenapneaclub@gmail.com or via the following link: https://forms.gle/Ld4SVDafZNa7ycJr7
**Additional information:**
- Registration start: 1st of May, 2023
- Registration end: 15th of October, 2023
- Last minute registration (+20 EUR): 1st of November, 2023
- Limited spots available on a first come first serve basis (maximum of 40 spots)
- The registration is complete when the athlete receives written confirmation via email
- Incomplete registrations are invalid
- The organizer reserves the right to decline registration once the spots have been filled
- The organizer will refund the entry fee in case of invalid registration without any delays

7. **Entry fee**
The entry fee is **69,- EUR** or equivalent amount of HUF based on the daily exchange rate of MNB ([https://www.mnb.hu/arfolyamok](https://www.mnb.hu/arfolyamok))
The full amount is to be transferred to:

nOxygen Apnea Club Egyesület

IBAN: HU3212100011176645760000000

SWIFT code: GNBAHUHB

domestic bank account (HU): **12100011-17664576** (Gránit Bank)
description: **Donation**

Please note that amounts paid with wrong description will be refunded

8. **General Terms & Conditions**
   a) The competition will follow both CMAS protocols.
   b) The event has CMAS world record status.
   c) Athletes must use equipment for warm up and competition in accordance with the competition rules according to CMAS rules.
   d) Athletes take part in the competition at their own risk.

9. **Organizational details**
   a) The competition for each discipline will be conducted for both sexes at the same time (female and male)
   b) Warm-up time (WT) and Top Time will be defined based on the personal best performance.
c) Announcement per discipline shall be made at registration.

10. Pools

a) Static apnea will take place in a 110 cm deep indoor pool with warm water (>30 Celsius)
b) Dynamic Apnea No Fins will take place in a 25 m long, 200 cm deep pool.
c) Dynamic Apnea (DYN and DYNB) will take place in a 50 m long, 220-300 cm deep pool.
   The two disciplines will be held and awarded together with a +12% correction in favour of bi-fins (DYNB)

11. Ranking

The performances will be ranked in CMAS ranking. Male and female performances and different age categories will be ranked according to CMAS ranking.

12. Disciplines

Female:

- Static Apnea (STA)
- Dynamic Apnea No Fins (DNF)
- Dynamic Apnea (DYN)
- Dynamic apnea with bi-fins (DYNB)

Male:

- Static Apnea (STA)
- Dynamic Apnea No Fins (DNF)
- Dynamic Apnea (DYN)
- Dynamic Apnea with Bi-fins (DYNB)

13. Competition schedule

See appendix 1.
14. Protest

Protest is possible for up until 30 minutes after the announcements of preliminary results. The fee is 50,-EUR that will be refunded in case of successful protest. The protest will be judged by the judges.

15. Costs

The cost of the competition itself (including the pool rental, fee of judges, safety, medical staff and the prizes) is covered by the organizers. Athletes must cover their own expenses such as travel, food and accommodation. Athletes and coaches may enter the competition area free of charge after successful registration.

16. Equipment

Athletes must use CMAS competition rule compliant equipment and are accountable for the condition of the equipment used in the competition.

17. Other

a) The organizer reserves the right to any changes and will inform all athletes in due time.

For further inquiries please contact:

Dr. László Bacsák
nOxygen Apnea Club Egyesület
(+36 30) 300 1354
e-mail: noxygenapneaclub@gmail.com

Budapest, 23 October 2023
## COMPETITION SCHEDULE

### 04 November 2023 (Saturday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>08.10 – 08.30</td>
<td>Briefing for STA</td>
</tr>
<tr>
<td>09.00 – 11.00</td>
<td>Static Apnea (STA)</td>
</tr>
<tr>
<td>11.00 – 12.00</td>
<td>Break / training in 25 m pool / briefing for DNF</td>
</tr>
<tr>
<td>12.00 – 14.15</td>
<td>Dynamic Apnea No Fins (DNF)</td>
</tr>
<tr>
<td>15.00 – 16.00</td>
<td>Awards Ceremony for STA and DNF</td>
</tr>
<tr>
<td>16.00 – 17.00</td>
<td>Training in 50 m pool</td>
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</tbody>
</table>

### 05 November 2023 (Sunday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.00 – 08.20</td>
<td>Briefing for DYN/DYNB</td>
</tr>
<tr>
<td>08.40 – 11.10</td>
<td>Dynamic Apnea (DYN/DYNB)</td>
</tr>
<tr>
<td>12.00 – 12.30</td>
<td>Awards Ceremony</td>
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</tbody>
</table>