	Starting Time	Duration (hh:mm)	Event	Notes	Number of Athletes
03 November Tuesday	15:00	00:30	Warming Up		
	15:30	00:15	Official call for the first competition		
	15:45	01:10	4x1km BS Mixed		5
	16:55		Finish		
04 November 2026 Wednesday	07:00	00:30	Warming Up		
	07:30	00:15	Official call for the first competition		
	07:45	00:30	1km BF Masters Women	Second Heat start 5 minutes after the First Heat started **First Heat**: R30-R40-R50 / **Second Heat:** R60-R70-R80	11 / 11
	08:15	00:05	Break		
	08:20	00:30	1km BF Masters Men	Second Heat start 5 minutes after the First Heat started **First Heat**: R30-R40-R50 / **Second Heat:** R60-R70-R80	16 / 14
	08:50	00:05	Break		
	08:55	01:15	3km SF Masters Women	**One heat**: all age groups	11
	10:10	00:05	Break		
	10:15	01:15	3km SF Masters Men	Second Heat start 5 minutes after the First Heat started **First Heat**: R30-R40-R50 / **Second Heat:** R60-R70-R80	10 / 11
	11:30	01:00	Session Break		
	12:30	00:30	Warming Up		
	13:00	00:15	Official call for the first competition		
	13:15	00:30	1km SF Masters Women	**One heat**: all age groups	15
	13:45	00:05	Break		
	13:50	00:30	1km SF Masters Men	Second Heat start 5 minutes after the First Heat started **First Heat**: R30-R40-R50 / **Second Heat:** R60-R70-R80	12 / 13
	14:20	00:05	Break		
	14:25	01:15	3km BF Masters Women	Second Heat start 5 minutes after the First Heat started **First Heat**: R30-R40-R50 / **Second Heat:** R60-R70-R80	9 / 9
	15:40	00:05	Break		
	15:45	01:15	3km BF Masters Men	Second Heat start 5 minutes after the First Heat started **First Heat**: R30-R40-R50 / **Second Heat:** R60-R70-R80	15 / 14
	17:00		Finish		