



2024
CMAS World Cup
Freediving series- KAŞ

17-20 September

2024 KAS, TÜRKİYE

1. MESSAGE FROM THE PRESIDENT OF THE TURKISH FEDERATION



Kadir Saęlam
Vice President, Turkey Underwater Federation

Dear friends and colleagues,

It is my honor to welcome you to Kaş, Türkiye for the 2024 CMAS World Cup Freediving series- KAŞ

Turkey has been privileged to host a number of CMAS events in the past.

A place known for its heavenly bays, with the best diving spots for exploring under the sea, a place that creates an antidepressant effect on everyone who meets its depths: Kaş.

The World Cup Competitions are unique in that they bring together the best athletes from around the world in celebration of our only sport. We are grateful for the trust you have placed in us to host these prestigious World Cup Competition. And we can assure you that we will honor that trust with an outstanding event.

I am confident that 2024 CMAS World Cup Freediving series- KAŞ will be a benchmark for years to come.

We are very excited to join you in supporting these incredible athletes and celebrating this event.

CITY OF KAŞ, TÜRKİYE

2024 CMAS World Cup Freediving series- KAŞ
Will be held in Kaş, Türkiye from 17-20 September 2024

The city of Kaş can be reached by flights (regular and charter) from many European cities. Nearest airport is Dalaman Int Airport (DLM). Shuttle flights are also available from Dalaman Int Airport as are regular buses connecting Dalaman to Kaş.



Kaş is a touristic district of Antalya on the Mediterranean coast. It is located at the westernmost tip of Antalya, between Fethiye and Demre, with a coastline of 70 km. It is 190 km from Antalya, 100 km from Fethiye and only 1.8 km from the Greek island of Meis, which is just across the sea.

The Teke Peninsula, located between the gulfs of Antalya and Fethiye, was called Lycia in ancient times. Kaş was founded on the southernmost part of this region, on the ancient port city of Antiphellos. Lycian civilization was scattered all over the peninsula with its structure consisting of many cities. Kaş is located in the middle of the Teke Peninsula, surrounded by Lycian ruins.

One that has stuck and perhaps the one that suits it best is Land of light. Its natural beauty together with the peaceful energy that permeates your being as you spend time here illuminates the truth of its title.

In the Christ IV the century Antiphellos was a small settlement, the harbor for Phellos which stood further into the mountains. In fact as it entered the Hellenistic period. The significance of Phellos weighed as Antiphellos came to the fore and this trend continued during the Roman period. Trade that consisted predominantly of Cedar wood felled in the surrounding forests as well as sponge meant that It assumed a new significance, no longer just the port of Phellos it grew into an independent and wealthy city in its own right. Drawing people with its historical treasures, blue skies and turquoise seas, Kaş has become a center for tourists who seek outdoor activities and culture.

PART A

COMPETITION INFORMATION

- **EVENT SCHEDULE**

The Draft Program of the event is as follows:

- 16 September 2024. Arrivals, registrations.
- Unofficial training on 20 July-10 September 2024 from 07:30 to 10:00.
- Official training on 11-16 September 2024 from 07:30 to 10:00.
- The opening ceremony and mini concert will take place on 16 September 2024 at Kaş Camping.
- Medal ceremonies will be held downtown at the closing ceremony.
- The closing ceremony will take place on 20 SEPTEMBER FRIDAY at Kaş Center.

- **COMPETITIONS PROGRAM**

There will be CWT with Mono/Bi-Fins, Free Immersion, CNF and CWTBi-Fins competitions for Seniors Men and Women and Masters' Men and Women.

- Arrival-registration & Technical Meeting
- Day 1 All Disciplines
- Day 2 All Disciplines
- Day 3 All Disciplines
- Day 4 All Disciplines-Closing Ceremony
- Departures

- **ADDITIONAL TRAINING**

- From 20 July will be offered daily training. For information pls contact organizers
info@lifeaquatickas.com
0532 400 88 36

- **GENERAL PROGRAM**

The Program of the event will be as follows:

- The opening ceremony will take place on **16 SEPTEMBER MONDAY** at 16.00 p.m.
- Medals ceremonies will be held at the Anfi Theatre before the closing ceremony
- The closing ceremony will take place on **20 SEPTEMBER FRIDAY** after the Medals ceremony.

PROGRAM SCHEDULE:

2024 CMAS World Cup Freediving series- KAŞ

16 SEPTEMBER MONDAY	
09:00-18:00	Official registrations
16:00	ORGANIZATIONAL & TECHNICAL MEETING
	Location: Kaş Camping
18:00	OPENING PROGRAM
	Opening Speeches
	Mini Concert
17 SEPTEMBER TUESDAY	
08:00	Depart to Competition Area (Competitors)
09:00	All Disciplines
	Location:
18 SEPTEMBER WEDNESDAY	
08:00	Depart to Competition Area (Competitors)
09:00	All Disciplines
	Location:
19 SEPTEMBER THURSDAY	
08:00	Depart to Competition Area (Competitor)
09:00	All Disciplines
	Location:
20 SEPTEMBER FRIDAY	
08:00	Depart to Competition Area (Competitor)
09:00	All Disciplines
	Location:
18:00	Medals ceremony
	CLOSING CEREMONY-PARTY

INTERNATIONAL JURY

CMAS Technical Delegate according to the CMAS Rules.

CLASSIFICATION AND AWARDS

According to the CMAS rules

PROTESTS

According to the CMAS rules.

DOPING CONTROL

Doping Control follows the international rules of WADA and CMAS Anti-doping code.

PROTESTS

According to the CMAS rules.

SPECIAL NOTES

- As some of the actions will take place according to the competition finishing time, final program will be announced at technical meeting before the competition.
- The event is open to athletes aged 18 and over and belonging to fully complying with the provisions of CMAS Regulations.

- CMAS, the Competition Director, Competition Officers and the Technical Delegate are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.
- The rules of competitions applied will be:
CMAS Freediving International Rules Depth Competition
- Athletes must be in possession of:
 - ON LINE license for Masters
 - Insurance
 - Medical certificate not older than 12 months
 - ID document- Passport.

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.

- **WHEN YOU ARRIVE AT KAŞ**

The AIRPORT transportation for athletes and staff from airport to their respective lodging will cost by a shuttle the amount of...

The organization also can help athletes to find accommodation according to their budget and preference.

Water temperature at Kaş

<https://www.accuweather.com/en/tr/kas/316954/september-weather/316954>

Organizers email:

info@lifeaquatickas.com

CONTACT PERSONS

LOC Director

Melike Selin Keleş

Email: info@tssf.gov.tr

Tel: 312 310 41 36

Competition Organizer

Adnan Yanbay & Buse Nur Yürük

email: adnanyanbay@gmail.com WhatsApp +90 532 400 88 36

email: busenur.yuruk93@gmail.com WhatsApp +90 539 917 31 74

CMAS freediving Director

Tolis Bellos

e-mail: tolis.cmas@gmail.com WhatsApp +306975863210

PART B

1. CMAS Registration

Registration is done via the e-mail address provided. For this reason, you can get information from the contact addresses.

info@lifeaquatickas.com

+90 532 400 88 36

2. LOC REGISTRATION and participation fees

Registration period:

starting August 1 to September 12

Registration fees without accommodation:

Until August 31th **euro 400 for all disciplines**

Until August 31th **euro 150 for one discipline**

After September 1st **euro 450 for all disciplines**

After September 1st **euro 200 for one discipline**

PAYMENT

Full amount should be transferred to LOC **no later than 11/09/2024.**

For accommodation inquiry and payment please contact LOC at info@lifeaquatickas.com

TRAINING sessions will be available at Life Aquatic

For official training packages pls contact:

CONTACT PERSON

Adnan Yanbay, competition organizer

e-mail: adnanyanbay@gmail.com WhatsApp +90 532 400 88 36

DEADLINES FOR ENTRY AND PARTICIPATION

- Initial entry form (Annex 1) and entry fee or at least 50% should be sent to the Organizing Committee, together with a copy of the bank transfer.
 - Any time but **not later** than **12/09/2024**:
- Registration and payment of CMAS fees and licenses
 - No later than **12/09/2024**:

DEADLINES

Registration entries must be entered online through, <https://portal.cmas.org/login>, and any other specific platform.

Opening date of registration: 01/08/2024

Closing date of registration: 12/09/2024

For further information, please contact us at the following address:

info@lifeaquatickas.com

3. ACCOMODATION

Kaş Camping

will be the center of the competition and official hotel.

Availability limited due to season.

<https://www.kaskamping.com/>