

2nd CMAS Freediving and Finswimming Parasport World Championship

14th – 18th NOVEMBER 2024
Lignano Sabbiadoro (UD) – ITALY





THURSDAY, NOVEMBER 14

- 09:00 – 12:30 Arrival and check-in of Delegations; checking of documents and issue of badges
12:30 – 13:30 Lunch
13:30 – 17:00 Arrival and check-in of Delegations; checking of documents and issue of badges and checking Paralympic Athlete Classification
17:00 – 18:30 Training finswimming (50 m pool)
17:00 – 18:30 Training static freediving (25 m pool)
19:00 – 19:30 Technical meeting in swimming pool
19:30 – 20:30 Dinner

FRIDAY, NOVEMBER 15

- 07:00 – 08:00 Breakfast
08:30 – 10:00 Medical room checking Paralympic Athlete Classification
10:00 – 11:00 Training finswimming (25 m pool)
Training freediving (50 m pool)
11:30 – 12:30 Opening Ceremony in swimming pool
12:30 – 13:30 Lunch
14:00 – 14:30 Warm Up Finswimming World Championship in 25 m swimming pool
14:45 – 16:00 Start competition Finswimming World Championship: 25 m apnoea M/W – 25 m BF M/W in 25 m swimming pool
Finswimming Award Ceremony (at the end of competition)
16:00 – 16:30 Warm Up Dynamic Freediving without Fins (DNF) World Championship in 50 m swimming pool
16:30 – 19:00 Start competition Dynamic Freediving without Fins (DNF) World Championship: M/W in 50 m swimming pool
Dynamic Freediving without Fins (DNF) Award Ceremony (at the end of competition)
20:00 – 21:00 Dinner

SATURDAY, NOVEMBER 16

- 07:00 – 08:00 Breakfast
08:30 – 09:00 Warm Up Dynamic Freediving (DYN and DYNBF) World Championship in 50 m swimming pool
09:00 – 12:00 Start competition Dynamic Freediving (DYN) and Dynamic Freediving with Fins (DYNBF) World Championship: M/W in 50 m swimming pool
Dynamic Freediving (DYN and DYNBF) Award Ceremony (at the end of competition)
12:30 – 13:30 Lunch
14:00 – 14:30 Warm Up Finswimming World Championship in 50 m swimming pool
14:45 – 18:45 Start Competition Finswimming World Championship: 100 m SF M/W – 100 m BF M/W – 200 m SF M/W – 200 m BF M/W – 4x50 m SF Absolute mixed (2W+2M) – 4x50 m BF Absolute mixed (2W+2M) (50 m swimming pool)
Finswimming Award Ceremony (at the end of competition)
19:30 – 20:30 Dinner



SUNDAY, NOVEMBER 17

07:00 – 08:00 Breakfast

08:30 – 09:00 Warm up Static Freediving World Championship in 25 m swimming pool

09:00 – 12:00 Start Competition Static Freediving (STA) World Championship M/W in 25 m swimming pool
Static Freediving (STA) Award Ceremony (at the end of competition)

12:30 – 13:30 Lunch

14:00 – 14:30 Warm Up Finswimming World Championship in 50 m swimming pool

14:45 – 17:00 Start Competition Finswimming World Championship: 50 m SF M/W – 50 m BF M/W – 4x50 m SF
Absolute M/W – 4x50 m BF Absolute M/W (50 m swimming pool)
Finswimming Award Ceremony (at the end of competition) and closing Ceremony

19:30 – 20:30 Dinner

MONDAY, NOVEMBER 18

07:00 – 09:00 Breakfast

09:00 Check-out and Departure of Delegations

At the end of each Award Ceremony organization will be available for eventually problems.

The organisers reserve the right to modify the order and times of events to meet technical and organisational needs.