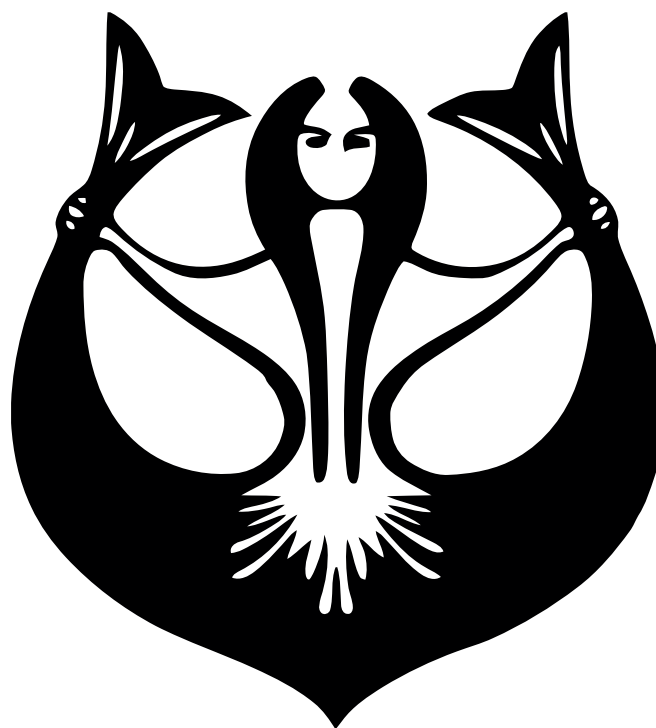




CMAS BRONZE DOLPHIN DIVER STANDARD



CMAS

BOARD OF DIRECTORS
VISA N°:



CMAS BRONZE DOLPHIN DIVER STANDARD

1. AIM OF THE TRAINING PROGRAMME

- This training program aims to allow a diver of a minimum of 8 years having acquired a certain experience of diving by a regular training in confined waters learning, to balance their ears, to communicate underwater by standardized signs, to remove and put back their mouthpiece, to come back to the surface, to identify what they saw, to talk about his dive and to evolve into open water.
- This program will allow the candidate to perform dives without decompression stop, while using air as breathing gas, to a maximum depth set by the diver's age and ability.

2. CLASSIFICATION

- The CMAS Bronze Dolphin diver training is considered an entry-level children's diving training program. CMAS Silver Dolphin diver is considered a confirmatory child diving training program

3. INSTRUCTOR AND ASSISTANT REQUIREMENTS

- The CMAS Bronze Dolphin diver training program can only be presented by a CMAS One Star instructor trained in child diving in active status and in accordance with the requirements of the national federation.
- The CMAS instructor One star can be assisted by a CMAS three star diver trained in children's diving in accordance with the requirements of the national federation.

4. COURSE STRUCTURE AND DURATION

- The theory is verified by a continuous evaluation of assorted material
- The minimum required hours of practice in the water is 6 hours
- The candidate must make at least 2 open water dives, the duration of which are 15 minutes or longer
- All dives must be completed during the day or under conditions simulating daylight.
- CMAS allows children diving instructors to structure courses in accordance to the number of candidates and their level of competence, in compliance with the standards (chapter 8 below).

5. COMPETENCIES OF A CERTIFIED CMAS ONE STAR DIVER

CMAS Bronze Dolphin Divers are allowed to dive within the following parameters:

- Dive to a depth set by the depth limitation table under the direct supervision of a CMAS instructor One star trained in child diving or a CMAS three star diver trained in child diving or an instructor / diver with an equivalent certification recognized by the national federation
- Carry out dives that do not require mandatory decompression stops
- Dive during normal daylight hours
- Dive into environments where direct vertical access to the surface is possible
- Diving in conditions of sufficient thermal comfort set by the national CMAS federation



CMAS BRONZE DOLPHIN DIVER STANDARD

- Dive under conditions equal to or better than those of the training
- Diving in the presence of appropriate and available surface support
- The depths depend on the age. Supervisors oversee learning progressive depth and to adapt depth levels according to the child's abilities and comfort as well as the diving conditions. CMAS Bronze dolphin evolves to the depth according to the table established below.

AGE	S C U B A EXPERIENCE	TRY SCUBA (2ND DIVE IN OPEN WATER)	BRONZE DOLPHIN AND/OR DOLPHIN SILVER AND/OR GOLD
8 à 10 years	3 m maximum	5 m maximum	7 mètres maximum
10 à 12 years			Make a minimum of 5 dives at 5 m, and after that, he can dive to a maximum of 10 m.
12 à 14 years			Make a minimum of 5 dives at 5 m, then can make a minimum of 5 dives at 10 m and after that, he can dive to a maximum of 15 m.

6. PREREQUISITES FOR PARTICIPATION IN THE TRAINING PROGRAMME

- Minimum age 08 years with written consent from parents or legal guardians
- Complete the medical history / declaration form required by the national federation before participating in underwater activities;
- Sign the document (s) established by the national federation relating to awareness and assuming the risks of scuba diving before participate in underwater activities.
- Ability to swim 25 m independently

7. EXPERIENCE / KNOWLEDGE/CERTIFICATION.

- N/A

8. RATIO CANDIDATE/ INSTRUCTOR

SKILLS	MAXIMUM CANDIDATES	INSTRUCTOR
THEORY	NOT AIMED	NOT AIMED
CON. WATER	4	1
OPEN WATER	2	1



CMAS BRONZE DOLPHIN DIVER STANDARD

9. REQUIREMENTS FOR CERTIFICATION

- Successfully complete the theoretical continuous assessment of the CMAS Bronze Dolphin diver training
- Carry out the prescribed successfully tests:
 - The ability to individually without assistance, balance the ears, to take off and put on your mask, to safely descend and return to the surface.
 - Make two (2) open water dives to a maximum depth of 5 meters (each dive will have a minimum duration of twenty (20) minutes) under the supervision of a CMAS instructor trained in children's diving

10. REQUIRED THEORETICAL KNOWLEDGE AND DIVING SKILLS

• SYLLABUS REQUIREMENTS

- The training program is set by the national federation and must cover:
- The identification and description of the various equipment, the order and the manner in which the child must be equipped and prepare their equipment
- The student must be able to use his equipment;
- **He must be able to identify all he saw:**
 - Animal or vegetable
 - What swims and what doesn't
 - Several fish and algae
 - Dangerous plants and animals
 - The need not to touch animals and plants
- **He must be able to discuss the dives:**
 - Place (sea, lake....)
 - Temperature
- **He knows the basic signals. He must understand and know when to use the following signals:**
 - Everything is OK, I understand
 - I need air
 - Look
 - I indicate the pressure on a pressure gauge
 - We go up, we go down
 - I'm in difficulty
 - I'm cold
 - You, me
 - I am out of air

11. PRACTICAL TRAINING PARAMETERS

• CONFINED AND OPEN WATER SCUBA SKILLS

- The children must demonstrate his ability to :
 - Understand the rules to be followed for his security and that of his diving buddies ;
 - To listen and apply the instructor's recommendations before, during and after the dive;
 - Enter and exit the water at the instructor's signal ;
 - Immediately inform the instructor if something is wrong or if he begins



CMAS BRONZE DOLPHIN DIVER STANDARD

to feel cold;

- Blow into my mask during the descent;
- Breathe out during the ascent;
- To compensate the ears;
- Hydrate before and after the dive;
- Be respectful of the equipment that is provided, and to do the usual maintenance after each dive, to check it before use and to use it in the right way;
- To equip itself correctly and completely;
- Respect the environment, the dive site;
- Remove, replace, and clear a regulator;
- Regain primary regulator from behind the shoulder, replace, and clear.
- Evolve in the open water .

12. CERTIFICATION

- Upon successful completion of the training program, the candidate shall be awarded a CMAS Bronze Dolphin diver C-card.

EN

STANDARD CHILDRENS DIVER