



CMAS - FREEDIVING WORLD RECORDS

Update 28-Nov-2020

Freediving Commission

OUTDOOR - SEA (SALTY WATER)

| CONSTANT WEIGHT WITH FIN (SEA) | | | | | | |
|----------------------------------------------|-----------|-------------------------|---------------|----------------|----------------------|----------|
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 125 m. | Alexey MOLCHANOV | Russia | 8-Aug-2019 | Roatan/Honduras | Approved |
| WOMEN | 113 m. | Alessia ZECCHINI | Italy | 8-Aug-2019 | Roatan/Honduras | Approved |
| WOMEN | 113 m. | Alenka ARTNIK | Slovenia | 8-Aug-2019 | Roatan/Honduras | Approved |
| CONSTANT WEIGHT WITH FIN (SEA) (DISABLED) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 50 m. | Wojtek CZYZ | Germany | 30-Apr-2019 | Papeete/Fr.Polynesia | Approved |
| WOMEN | | | | | | Approved |
| CONSTANT WEIGHT WITHOUT FIN (SEA) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 85 m. | Alexey MOLCHANOV | Russia | 8-Jul-2019 | Roatan/Honduras | Approved |
| WOMEN | 73 m. | Alessia ZECCHINI | Italy | 2-Aug-2019 | Roatan/Honduras | Approved |
| CONSTANT WEIGHT WITH BIFIN (SEA) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 112 m. | Arnauld GERALD | France | 15-Sep-2020 | Kalamata/Greece | Approved |
| WOMEN | 94 m. | Alenka ARTNIK | Slovenia | 12-Sep-2020 | Kalamata/Greece | Approved |
| CONSTANT WEIGHT WITH BIFINS (SEA) (DISABLED) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 45 m. | Wojtek CZYZ | Germany | 30-Apr-2019 | Papeete/Fr.Polynesia | Approved |
| WOMEN | | | | | | Approved |
| CONSTANT WEIGHT WITH BIFINS (SEA) (MASTERS) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 60 m. | Xavier DARU | France | 15-Sep-2020 | Kalamata/Greece | Approved |
| WOMEN | | | | | | |
| FREE IMMERSION (SEA) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 118 m. | Alexey MOLCHANOV | Russia | 11-Aug-2020 | Roatan/Hondura | Approved |
| WOMEN | 100 m. | Alessia ZECCHINI | Italy | 18-Oct-2019 | Curaçao | Approved |
| FREE IMMERSION (SEA) (DISABLED) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 45 m. | Wojtek CZYZ | Germany | 30-Apr-2019 | Papeete/Fr.Polynesia | Approved |
| WOMEN | | | | | | Approved |
| FREE IMMERSION (SEA) (MASTERS) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 57 m. | Mark LENOIR | Great Britain | 13-Sep-2020 | Kalamata/Greece | Approved |
| WOMEN | | | | | | |
| VARIABLE WEIGHT WITH FIN (SEA) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 131 m. | Homer LEUCI | Italy | 11-Sep-2012 | Soverato/Italy | Approved |
| WOMEN | 115 m. | Maria Felicia CARRATURO | Turkey | 25-Aug-2018 | Sharm el Sheik/Egypt | Approved |
| VARIABLE WEIGHT WITHOUT FIN (SEA) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 81 m. | Devrim Cenk ULUSOY | Turkey | 26-Sep-2012 | Kaş/Antalya | Approved |
| WOMEN | 95 m. | Derya CAN | Turkey | 9-Nov-2017 | Kaş/Antalya | Approved |
| VARIABLE WEIGHT WITHOUT FIN (SEA) (DISABLED) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 30 m. | Ufuk KOÇAK | Turkey | 21-Aug-2017 | Değirmendere/Turkey | Approved |
| WOMEN | | | | | | Approved |
| JUMP BLUE (SEA) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 201.61 m. | Arthur Guerin-BOERI | France | 9-Oct-2015 | Ischia/Italy | Approved |
| WOMEN | 190.48 m. | Alessia ZECCHINI | Italy | 9-Oct-2015 | Ischia/Italy | Approved |

OUTDOOR - LAKE (NOT SALTY WATER)

| VARIABLE WEIGHT WITH FIN (LAKE) | | | | | | |
|------------------------------------|-----------|---------------------------------|---------|----------------|----------------------|-------------|
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | | | | | | |
| WOMEN | 68 m. | Derya CAN | Turkey | 25-Nov-2018 | Salda Lake/Turkey | Approved |
| VARIABLE WEIGHT WITHOUT FIN (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 76 m. | Michele TOMASI | Italy | 3-Sep-2017 | Riva Del Garda/Italy | Approved |
| WOMEN | 70 m. | Derya CAN | Turkey | 23-Aug-2019 | Salda Lake/Turkey | Approved |
| CONSTANT WEIGHT WITHOUT FIN (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 65 m. | Michal RISIAN | Czechia | 10-Jul-2016 | Weyregg/Austria | Approved |
| WOMEN | | | | | | |
| CONSTANT WEIGHT WITH FIN (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 81 m. | Pietro ANTOLINI | Italy | 6-Sep-2020 | Riva Del Garda/Italy | Approved |
| WOMEN | 73 m. | Olga DAVYDOVA | Russia | 25-Sep-2020 | Blue Lake/Russia | Waiting Ap. |
| CONSTANT WEIGHT WITH BIFIN (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 76 m. | Pietro ANTOLINI | Italy | 5-Sep-2020 | Riva Del Garda/Italy | Approved |
| WOMEN | 65 m. | Olga DAVYDOVA | Russia | 22-Sep-2020 | Blue Lake/Russia | Waiting Ap. |
| FREE IMMERSION (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | | | | | | |
| WOMEN | 71 m. | Olga DAVYDOVA | Russia | 23-Sep-2020 | Blue Lake/Russia | Waiting Ap. |
| JUMP BLUE (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 170 m. | Alfredo Leonidas ROSADO ESTRADA | Ecuador | 10-Sep-2014 | Chiapas/Mexico | Approved |
| WOMEN | 132.92 m. | Gilda Rivadeneria MONTALVO | Ecuador | 10-Sep-2014 | Chiapas/Mexico | Approved |
| DYNAMIC WITH FIN (LAKE) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 200 m. | Sertan AYDIN | Turkey | 16-Jul-2016 | Şarköy/Turkey | Approved |
| WOMEN | | | | | | |

INDOOR - POOL

| STATIC APNEA | | | | | | |
|---------------------------------------|-----------|---------------------|---------|----------------|----------------------|----------|
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 10:45.000 | Branko PETROVIC | Serbia | 11-Nov-2017 | Subotica/Serbia | Approved |
| WOMEN | 08:53.150 | Veronika DITTES | Austria | 15-Jun-2017 | Cagliari/Italy | Approved |
| DYNAMIC WITH FIN (POOL-50 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 316.53 m. | Mateusz MALINA | Poland | 22-Jun-2019 | Istanbul/Turkey | Approved |
| WOMEN | 253 m. | Alessia ZECCHINI | Italy | 22-Jun-2019 | Istanbul/Turkey | Approved |
| DYNAMIC WITHOUT FIN (POOL-50 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 236 m. | Guillaume BOURDILA | France | 19-Jun-2019 | Istanbul/Turkey | Approved |
| WOMEN | 196.95 m. | Julia KOZERSKA | Poland | 19-Jun-2019 | Istanbul/Turkey | Approved |
| DYNAMIC WITHOUT FIN (POOL-25 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 200 m. | Arthur Guerin-BOERI | France | 9-Aug-2013 | Kazan/Russia | Approved |
| WOMEN | 193.01 m. | Alessia ZECCHINI | Italy | 6-Apr-2019 | Milazzo/Italy | Approved |
| DYNAMIC WITH BIFIN (POOL-50 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 256.93 m. | Goran COLAK | Croatia | 15-Jun-2018 | Lignano/Italy | Approved |
| WOMEN | 228.15 m. | Alessia ZECCHINI | Italy | 21-Jun-2019 | Istanbul/Turkey | Approved |
| DYNAMIC WITH BIFINS (DISABLED) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 117 m. | Wojtek CZYZ | Germany | 30-Apr-2019 | Papeete/Fr.Polynesia | Approved |
| WOMEN | | | | | | Approved |
| SPEED 100 (POOL-50 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 00:30.350 | Malte STRIEGLER | Germany | 15-Jun-2018 | Lignano/Italy | Approved |
| WOMEN | 00:35.860 | Vera YAROVITSKAYA | Russia | 15-Jun-2017 | Cagliari/Italy | Approved |
| ENDURANCE 800 m. (16x50) (POOL-50 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 09:10.030 | Max POSCHART | Germany | 19-Jun-2019 | Istanbul/Turkey | Approved |
| WOMEN | 10:58.900 | Yulia CHUMAK | Ukraine | 19-Jun-2019 | Istanbul/Turkey | Approved |
| ENDURANCE 400 m. (8x50) (POOL-50 m.) | | | | | | |
| Gender | Record | Athlete | Country | Date of Record | Place of Record | Status |
| MEN | 03:25.720 | Mikhail DROZDOV | Russia | 22-Jun-2019 | Istanbul/Turkey | Approved |
| WOMEN | 04:32.280 | Martina MONGIARDINO | Italy | 22-Jun-2019 | Istanbul/Turkey | Approved |