



## INFORMATION PACK

### VI open Pan American Open finswimming Championships CMAS

**"By means of which the participation is summoned to the VI Open Pan American Championship of finswimming CMAS America".**

The World Confederation of Underwater Activities Zona América and the Colombian Federation of Underwater Activities FEDECAS, invite the Federations to the VI Pan American Open finswimming Championships CMAS America, to be held in the city of Palmira - Valle del Cauca Colombia from 06 to 10 April. 2017.

#### 1. ORGANIZATION OF THE CHAMPIONSHIP:

The organization of the Championship will be in charge of the Colombian Federation of Underwater Activities FEDECAS.

**Direction:** The competitions will take place in the pools of the Ciudadela Deportiva de Palmira, 26th street with 35th race.

**Cellular:** 301-3506439

**Email:** [fedecas.colombia@gmail.com](mailto:fedecas.colombia@gmail.com)

#### 2. CHAMPIONSHIP AUTHORITIES:

- 2.1 **General Direction:** Colombian Federation of Underwater Activities.
- 2.2 **CMAS Technical Delegate:** CMAS International Mr. Manuel Castro Casal
- 2.3 **Main Judge:** Jenny Xiomara Mendoza CMAS International Judge.
- 2.4 **Medical Management:** Secretary of Health of Palmira.
- 2.5 **Director General:** President FEDECAS Mr. William Peña

#### 3. CATEGORY:

The Championship will be held in Single Category (Open).

## CITY OF COMPETITION

### **PALMIRA** **Valle del Cauca**



**Palmira** (pronounced *pälmē'rä*) is a city and municipality in southwestern Colombia in the [Valle del Cauca Department](#), located about 10 km east from [Cali](#), the department's capital and main city in the South of Colombia. Palmira is the third largest city in the Valle del Cauca, behind Cali and Buenaventura.

Palmira is located in southwestern Colombia, lying in the [Cauca River](#) valley. 3°31'48" north altitude and 76°81'13" longitude west of Greenwich. The city covers an area of 448 square miles (1,160 km<sup>2</sup>). The average temperature is 23 °C and its altitude is 1000 m above sea level.

## OFFICIAL COMPETITION POOL AND TRAINING



The Ciudad Deportiva Ramiro Echeverry has an area of 140,000 square meters, with ample green areas and a boulevard that allows attendees and sportsmen to enjoy. The Aquatic Complex has a swimming pool of 50 mts and 10 lanes, with a depth of 2.25 mts, certified by the Colombian Swimming Federation and FINA, with a complete electronic system "Daktronics" for timing of the tests. In addition, a wet and warm zone with pool of 25 mts of 8 lanes.

## DAKTRONICS ELECTRONIC SYSTEM



- 10 lines competition swimming pool deep 2,25mts
- 8 lines 24 meters swimming pool available for warm up



## OFFICIAL COMPETITION OPEN WATER CALIMA LAKE

**Calima Lake** (Spanish: **Lago Calima**) is the largest artificial lake in Colombia with an area of 70 km<sup>2</sup>. It is located in the municipality of **Darién** in the **Valle del Cauca** Department.

The lake is part of a **hydroelectric** project for generating power for the department. C.V.C (Corporación Autónoma Regional del Valle del Cauca) started construction of the lake by 1961.

Calima Lake has become a place for **water sports** and leisure activities. Vacation centers, restaurants and camping zones were built near the lake, and is currently a popular place frequented by both national and international tourists, especially those from nearby cities and towns like **Cali** and **Buga**. The elevation of the lake is 1,500 meters (4,900 feet) above sea level.



## EVENT PROGRAMMING, DATES AND SCHEDULES:

<b>Tecnical meeting</b>	Abril 06 2017	Salón Principal Piscina Olímpica de Palmira	06:00 p.m.
<b>Open ceremony</b>		Piscina Olímpica de Palmira	07:00 p.m.
<b>Warm up</b>		Piscina Olímpica de Palmira	08:00am a 12:00m 03:00pm a 06:00pm
<b>session No. 1</b>	Abril 07 2017	Eliminatories	08:00 a.m.
<b>session No. 2</b>		Finals	04:00 p.m.
<b>session No. 3</b>	Abril 08 2017	Eliminatories	08:00 a.m.
<b>session No. 4</b>		Finals	04:00 p.m.
<b>session No. 5</b>	Abril 09 2017	Eliminatories	08:00 a.m.
<b>session No. 6</b>		Finals	04:00 p.m.
<b>Session No. 7</b>	Abril 10 2017	Bus departure	06:00 a.m.
		Finals	08:30 a.m.
<b>session No. 8</b>		Finals	02:00 p.m.

## EVENT SCHEDULE

### FIRST DAY:

<b>ELIMINATORIES</b>		
<b>JORNADA 1</b>		
<b>N°</b>	<b>Prueba</b>	<b>Género</b>
1--2	100 Bialeas	D/V
3--4	100 Superficie	D/V
5--6	1500 Superficie	D/V
7--8	400 Inmersión Serie Lenta	D/V
9--10	4X200 Superficie	D/V

<b>FINALS</b>		
<b>JORNADA 2</b>		
<b>N°</b>	<b>Prueba</b>	<b>Género</b>
1--2	100 Superficie	D/V
3--4	100 Bialeas	D/V
5--6	1500 Superficie	D/V
7--8	400 Inmersión Serie Rápida	D/V
9--10	4X200 Superficie	D/V

**SECOND DAY:**

<b>ELIMINATORIES</b>		
<b>JORNADA 3</b>		
<b>Nº</b>	<b>Prueba</b>	<b>Género</b>
11--12	50 Superficie	D/V
13--14	50 Bialeas	D/V
15--16	400 Superficie	D/V
17--18	100 Inmersión	D/V
19--20	400 Bialeas Serie Lenta	D/V
21--	4X50 Superficie	MIXTO

<b>FINALS</b>		
<b>JORNADA 4</b>		
<b>Nº</b>	<b>Prueba</b>	<b>Género</b>
11--12	50 Superficie	D/V
13--14	50 Bialeas	D/V
15--16	400 Superficie	D/V
17--18	100 Inmersión	D/V
19--20	400 Bialeas Serie Rápida	D/V
21--	4X50 Superficie	MIXTO

**THIRD DAY:**

<b>ELIMINATORIES</b>		
<b>JORNADA 5</b>		
<b>Nº</b>	<b>Prueba</b>	<b>Género</b>
22--23	50 Apnea	D/V
24--25	200 Superficie Serie Lenta	D/V
26--27	200 Bialeas Serie Lenta	D/V
28--29	800 Superficie Serie Lenta	D/V
30--	4X100 Bialeas	MIXTO
31--32	4X100 Superficie	D/V

<b>FINALS</b>		
<b>JORNADA 6</b>		
<b>Nº</b>	<b>Prueba</b>	<b>Género</b>
22--23	50 Apnea	D/V
24--25	200 Superficie Serie Rápida	D/V
26--27	200 Bialeas Serie Rápida	D/V
28--29	800 Superficie Serie Rápida	D/V
30--	4X100 Bialeas	MIXTO
31--32	4X100 Superficie	D/V





**DAY FOUR:**

**OPEN WATERS (LAGO CALIMA)**

<b>ELIMINATORIAS</b>		
<b>JORNADA 7</b>		
<b>N°</b>	<b>Prueba</b>	<b>Género</b>
33--	4X2000	MIXTO

<b>FINALES</b>		
<b>JORNADA 8</b>		
<b>N°</b>	<b>Prueba</b>	<b>Género</b>
34--35	6000M	D/V

### **AWARDS:**

It will be awarded with gold medals (to the Champion), silver medal (to the Runner) and Bronze Medal (the Third Place).

If only one athlete participates in a test, the corresponding award will be made.

Trophies will be awarded to Federations that achieve the title of Champion, Runner-up and third place according to the sum of the gold medals obtained by their athletes, in case of a tie will be made by the number of silver medals, and so on.

### **GENERAL DISPOSITION:**

- The Championship will be governed by the current International Rules of Swimming with Fins of the World Confederation of Underwater Activities CMAS.
- The official times of the Open Pan American Championship will be those established according to the order of arrival during each test (maximum 2 athletes per test per country) and the time of the first reliever will be taken into account according to item 10.2. 1 of the CMAS Regulation.
- Each Federation must present on CD the National Anthem and two (2) flags of their country with a dimension of 1.5 X 2
- Each Federation must inform the number of International Judges who will attend by country, adding a copy of their International CMAS credential.



## SOME RECALLS FOR PARTICIPATION

Only national federation teams affiliated to the CMAS are eligible to compete in the competition. Each national team should respect the rules of championships, the safety conditions set by the organizers and CMAS rules and regulations.

Swimming-pool events: (art 3.2.6. finswimming rules)

- Each country may enter no more than two (2) swimmers for each distance and one (1) relay team.
- A country has the right to change the composition of the relay teams between the qualifying heats and the final.
- The entries must reach CMAS headquarters within the time limits set by the CMAS rules on [www.cmasoffice.org](http://www.cmasoffice.org) (§ Point 1.21.1.3 &4 of CMAS Procedures)
- World and Continental Championships will be organized over four (4) days and eight (8) sessions.
- The qualifying heats are scheduled in the morning and finals in the afternoon except 400 IM, 800 SF and 1500 SF slow heats in the morning and fast heat in the afternoon. **For this reason, it's requested to the national federations to send to the CMAS HQ the official protocols of all selection national competitions in delay maximum of two weeks after the competitions (in one of the three CMAS languages). Thus, times of enrollments of the swimmers will be checked for CMAS championships.** If the protocols aren't transmitted in this deadline, times of corresponding enrollments will be cancelled and the athletes will be engaged with time 00:00:00.
- Long Distance events:
- Each country may enter not more than four (4) swimmers for each distance and one (1) relay team.
- The relay team is mixed. It's necessarily composed of two female athletes and two male athletes. The starting order is free and is decided by the team leader according point 8.2.4. of finswimming rules

### PROTEST

According to the CMAS rules.

### BOTTLE FILLING

- Only compressed air without oxygen enrichment is allowed
- For pool competitions, the minimum volume of a compressed air cylinder (bottle) is liter 0.4 (zero point four liter)
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).

- When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed
- All cylinders used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.
- Each cylinder must be presented empty during checking meeting before competition.

The organizer guarantees the filling of DIN 200, YOKE, cylinders (bottles).

### Various

National teams should bring **three (3)** national flags (m 2,00 x m. 1,00) and a CD with the national anthem (short version).

## ACCOMODATION

### HOTEL NALA

Calle 44 No.7-51

Av Tienda Nueva Guayabal - Palmira



## BOOKING & ENTRY FEES



### 3 POSIBILITIES

- 1 FOR 5 DAYS
- 2 FOR 4 DAYS
- 3 FOR 3 DAYS

PRICES IN AMERICAN DOLARS

HABITACIÓN	1	2	3
	Hospedaje Alimentación 5 días	Hospedaje Alimentación 4 días	Hospedaje Alimentación 3 días
	Valor Total	Valor Total	Valor Total
Simple	430	350	280
Double	350	290	240
Triple	340	280	230

- Extra night \$120 US
- Transportation to open waters \$ 25 US

### **COST INCLUDE:**

- Full board Hotel NALA
- breakfast, lunch and dinner
- Transport airport - hotel – airport
- Transport hotel – swimmingpool – hotel

### **Training camp before championships**

For the team they want to organize training camp before the championships:

The cost of renting a lane in swimming pool is US\$30 per lane per hour.

Participants who choose to be accommodated in hotels other than official will have to pay US\$200 per pax. for secretarial fees, competition, opening and closing gala ceremony. No local transfers will be provided.

### **VISA**

If you require a visa, please contact the embassy or consulate in your country at least (30) days prior to entry.



## **PAYMENT:**

### **Pre-Insription:**

- **Open:** 05 de march 2017
- **Close:** 14 de march 2017

### **1. DEADLINE – CONDITION FOR ENTRY AND PARTICIPATION**

- As reception of this specific rules
- Registration and payment of CMAS fees subscription on [www.cmasoffice.org](http://www.cmasoffice.org)
- (Annex 1) Final hotel booking form and corresponding fees should be sent to the organizing committee.
- The competitor's list have to be enter in [www.cmasoffice.org](http://www.cmasoffice.org) and form should be sent to the organizing committee.
- The list of national records should be sent to CMAS HQ and the organizing committee. Sport records of swimmers should be sent to the organizing committee.

Each participating Federation must pre-register through the web page [www.fedecas.org](http://www.fedecas.org), by return mail will be sent the PRE-INVOICE (necessary document to make the payment and the registration in the page [www.cmasoffice.org](http://www.cmasoffice.org))

Deadline for payment: March 30, 2017

Registration dates:

- Begins: March 15
- Closing date: March 31

The pre-registration of the Federation will be enabled when sending the payment support to the email [fedecas.colombia@gmail.com](mailto:fedecas.colombia@gmail.com)



## BANK DATA:

<b>Código Swift ó Bic</b>	<b>COLOCOBM</b> en caso de requerir 11 dígitos agregar <b>XXX</b>
<b>Datos del Beneficiario</b>	FEDERACIÓN COLOMBIANA DE ACTIVIDADES SUBACUÁTICAS
<b>Nit</b>	890.315.463-9
<b>Banco</b>	BANCOLOMBIA
<b>Cuenta Corriente</b>	45541335098
<b>Dirección Bancolombia</b>	Calle 30A No 6 - 38 Piso 1
<b>Ciudad</b>	Bogotá
<b>País</b>	Colombia

Later registrations will not be accepted.

## PAYMENT

Minimum 50% of total entry fee should be deposited at our bank no later than **15 de March** to guarantee the booking. After this date **31 de March**, the participation fees will increased by a further 10% of total amount. The remaining payment should be made on arrival. The organizer will only accept transfers (bank charges will be charged to the remitter).

Bank checks and credit card will not be accepted

Any extra information with will be attended in

Cellphone: 301350 6439

Email: [fedecas.colombia@gmail.com](mailto:fedecas.colombia@gmail.com)

**WILLIAM PEÑA**

Presidente