SPORT DIVING WORLD CUP

31 JANUARY - 2 FEBRUARY 2020

VINNI, ESTONIA
1. GENERAL INFORMATION

The competition will take place in Vinni (Estonia). *Tallinn – Vinni – 110km*
2. COMPETITION POOL

The Vinni swimming pool is a part of Vinni Sport complex.

That swimming pool is 25 meters long, has four lanes, average water temperature is $27^\circ\text{C} \pm 1^\circ\text{C}$, depth of this swimming pool is 2 meters.
3. ORGANIZING COMMITTEE

The competition organized by CMAS together with Estonian underwater sport federation and Sports club Akvalang.

For further information, do not hesitate to contact us at the following addresses:

makar2710@gmail.com

Telephone/Viber/WhatsApp: +372 5052898 (Makar)

akvalang.eu@gmail.com

4. EQUIPMENT, MATERIALS AND UNIFORMITY

The equipment and materials to enter the Scuba Diving in Swimming Pool competition are the following:

Mandatory equipment:

- Slip-on type swimming trunks for men and full swimming costume for women
- Scuba diving face masks
- Diving adjustable or non-adjustable fins
- Stabilizing jackets or “back pack” system
- Regulator + Octopus + Waterproof Manometer
- Scuba tank with a volume between 10 and 18 liters, DIN or YOKE, filled with regular compressed air

Optional equipment:

- Snorkel
- Neoprene or isothermal suit
- Neoprene socks or gloves
- Dive computer and accessories

Rent of scuba tank of 12-15 liters starting from 10 euros.
5. DISTANCES

**Individual events:** (kadets, seniors, masters)

1. Trial M 200m (senior)
2. Trial 100m (masters/ kadets)
3. Lift bag 6 Kg 50m
4. Torpedo 50m (SOLO)

**Team events:**

1. 50m octopus (mix)
2. Obstacle course 100m (men/women)
3. Reley : 4x50 meters torpedo (mix)

6. Competitors must possess the following documents and papers:

- Valid passport
- Valid CMAS license
- Valid medical certificate   Annex 1
- OPEN WATER DIVER * or Pool Diver

7. INTERNATIONAL JURY

International Chief Judge: According to CMAS rules.

8. CLASSIFICATION AND AWARDS

Individual prizes: medals will be given to the first three classified athletes in every individual category A (men and women) and   B (boy and girl). First place winners will receive championship cups.
9. PROTEST
According to CMAS rules.

10. Age groups

<table>
<thead>
<tr>
<th>Team</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kadets</td>
<td>Up to 15 y.o.</td>
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<tr>
<td>Seniors</td>
<td>16+ y.o.</td>
</tr>
<tr>
<td>Masters</td>
<td>Every age (unprofessional athletes)</td>
</tr>
</tbody>
</table>

10. COMPETITION SCHEDULE

The 31st of January
- Arrival of teams
- Equipment control and registration
- Technical meeting of team leaders
- Training session for teams

Excursion to Rakvere city (optional)

The 1st of February
- Opening ceremony
- 100m Obsatacle course
- 50m octopus (mix)
- 50m torpedo (SOLO)

Award ceremony. Gala dinner (optional).

The 2nd of February
- Trial M 200
- Lift bag 6 Kg 50m
- Reley : 4x50 meters torpedo (mix)

Award and closing ceremony

The 2nd (evening) or the 3rd of February
- Departure of teams
11. BOOKING AND ENTRY FEE

Full board accommodation provided:
From dinner 31.01 until dinner 02.02 (hostel and swimming pool).

✓ Transfer from Tallinn = 50 euros/person
✓ Transfer from Rakvere = 10 euros/person
✓ Hostel&SPA = 120 euros /person
✓ Extra day = 35 euros/person/day
✓ Starting fee for competitors is 80 euro per one competitor.

Later it will not be available
12. IMPORTANT INFORMATION

We kindly ask you to fill two registration forms. First has a deadline on 20 of December, and the second one on 15 of January.