



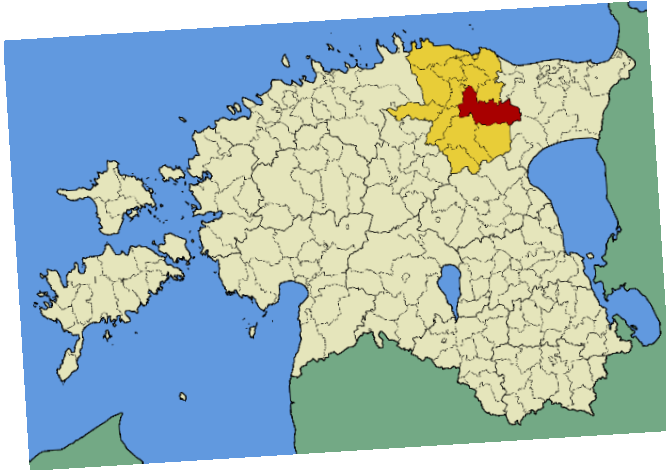
SPORT DIVING WORLD CUP

31 JANUARY - 2 FEBRUARY 2020

VINNI, ESTONIA

1. GENERAL INFORMATION

The competition will take place in Vinni (Estonia). *Tallinn – Vinni – 110km*



2. COMPETITION POOL



The Vinni swimming pool is a part of Vinni Sport complex.

That swimming pool is 25 meters long, has four lanes, average water temperature. is $27^{\circ}\text{C} \pm 1^{\circ}\text{C}$, depth of this swimming pool is 2 meters.

3. ORGANIZING COMMITTEE

The competition organized by CMAS together with Estonian underwater sport federation and Sports club Akvalang.

For further information, do not hesitate to contact us at the following addresses:

makar2710@gmail.com

Telephone/Viber/WhatsApp: +372 5052898 (Makar)

akvalang.eu@gmail.com

4. EQUIPMENT, MATERIALS AND UNIFORMITY

The equipment and materials to enter the Scuba Diving in Swimming Pool competition are the following:

Mandatory equipment:

- Slip-on type swimming trunks for men and full swimming costume for women
- Scuba diving face masks
- Diving adjustable or non-adjustable fins
- Stabilizing jackets or “back pack” system
- Regulator + Octopus + Waterproof Manometer
- Scuba tank with a volume between 10 and 18 liters, DIN or YOKE, filled with regular compressed air

Optional equipment:

- Snorkel
- Neoprene or isothermal suit
- Neoprene socks or gloves
- Dive computer and accessories

Rent of scuba tank of 12-15 liters starting from 10 euros.

5. DISTANCES

Individual events: (kadets, seniors, masters)

1. Trial M 200m (senior)
2. Trial 100m (masters/ kadets)
3. Lift bag 6 Kg 50m
4. Torpedo 50m (SOLO)

Team events:

1. 50m octopus (mix)
2. Obstacle course 100m (men/women)
3. Relay : 4x50 meters torpedo (mix)

6. Competitors must possess the following documents and papers:

- Valid passport
- Valid CMAS license
- Valid medical certificate Annex 1
- OPEN WATER DIVER * or Pool Diver

7. INTERNATIONAL JURY

International Chief Judge: According to CMAS rules.

8. CLASSIFICATION AND AWARDS

Individual prizes: medals will be given to the first three classified athletes in every individual category A (men and women) and B (boy and girl). First place winners will receive championship cups.

9. PROTEST

According to CMAS rules.

10. Age groups

Kadets	Up to 15 y.o.
Seniors	16+ y.o.
Masters	Every age (unprofessional athletes)

10. COMPETITION SCHEDULE

The 31st of January

- Arrival of teams
- Equipment control and registration
- Technical meeting of team leaders
- Training session for teams

Excursion to Rakvere city (optional)

The 1st of February

- Opening ceremony
- 100m Obsatacle course
- 50m octopus (mix)
- 50m torpedo (SOLO)

Award ceremony. Gala dinner (optional).

The 2nd of February

- Trial M 200
- Lift bag 6 Kg 50m
- Reley : 4x50 meters torpedo (mix)

Award and closing ceremony

The 2nd (evening) or the 3rd of February

- Departure of teams

11. BOOKING AND ENTRY FEE

Full board accommodation provided:

From dinner 31.01 until dinner 02.02 (hostel and swimming pool).

- ✓ **Transfer from Tallinn = 50 euros/person**
- ✓ **Transfer from Rakvere = 10 euros/person**
- ✓ **Hostel&SPA = 120 euros /person**
- ✓ **Extra day = 35 euros/person/day**
- ✓ **Starting fee for competitors is 80 euro per one competitor.**

Deadline for hotel reservation is 20.12.2019.

Later it will not be available

12. IMPORTANT INFORMATION

We kindly ask you to fill two registration forms. First has a deadline on 20 of December, and the second one on 15 of January.