SPORT DIVING
12 – 14 April, 2019
Klaipeda, Lithuania
1. GENERAL INFORMATION
The competition will take place in KLAIPEDA (Lithuania)
Vilnius – Klaipeda ~310 km; Kaunas – 220 km; Palanga – 25 km (airport)
The competition is held from Friday 12 April to Saturday 13 April 2019
Arrival of participants on Thursday 11 April, departure on Sunday 14 April 2019
2. COMPETITION POOL

The competition will be held in a newly built swimming pool “Klaipeda“.

The address of the swimming pool is Dubysos str. 12, Klaipeda, Lithuania.
https://www.youtube.com/watch?v=vjaHqXsUXGU

3. THE ORGANIZERS

The competition is organised by CMAS together with:

- Lithuanian Underwater Sport Federation;
- Lithuanian Sports Department;
- Klaipeda Sport’s Department.
For further information, do not hesitate to contact us at the following address: Lithuanian Underwater Federation, Sermiescio 38, Palanga, Lithuania

| Aurelijus Kinas, President of Lithuanian Underwater Sport Federation: |
| +37068658974 e-mail: kinas303@gmail.com |
| Felicita Vaitkute, organizer: +37068639598 e-mail: felvait@gmail.com |

4. EQUIPMENT, MATERIALS & UNIFORMITY
The equipment and materials needed to participate the competition are the following:

**Mandatory equipment:**
- Slip-on type swimming trunks for men and full swimming costume for women
- Scuba diving face masks
- Diving adjustable or non-adjustable fins
- Stabilising jackets or “back pack” system
- Regulator + Octopus + Waterproof Manometer
- Scuba tank with a volume between 10 and 18 litres, DIN or YOKE, filled with regular compressed air

**Optional equipment:**
- Snorkel
- Neoprene or isothermal suit
- Neoprene socks or gloves
- Dive computer and accessories

**Forbidden equipment:**
- Enriched air

**IMPORTANT NOTE:**
- General remark
  All the materials, neoprene and tanks, will have to be rinsed before entering the pool. Local organisation will provide a volunteer and water supply.
- Regulator
Because of the Lithuanian law for high pressure systems, regulator’s first and second stage have to be associated **within the same brand and without any personal alterations**. Any combination of materials of two different brands is not allowed. In case of control competitor’s material will be rejected.

- **Scuba Tank**
  Scuba tank will be refilled directly on the swimming pool premises or taken out for re-fuelling in the dive centre (air re-fuelling is included in the Starting Fee). Regarding to the possibility of transportation (costs and plane regulations), teams can rent a scuba tank of 10 or 12 litters if needed. – *See accommodation form for details* –.

### 5. COMPETITION SCHEDULE
*(Schedule subject to changes regarding to local needs between the date of publication and the official event – Details will be given to staffs during the Technical meeting on day 1)*

**11 of April:**
- Arrival of teams (pack 4 days)
- For diving professionals dive into the pool shaft to a depth of 9 meters (pre-order)
- Technical meeting of team leaders 18:00 to 20:00
- Training for teams 19:00 to 20:00

**12 of April:**
- Arrival of teams (pack 3 days)
- Competitors’ equipment control and registration
- Opening ceremony for all competitors and staff
- Welcome ceremony by city officials
- Warm up 13:00 – 13:30
- **Competitive distances**: 13:30 – 16:00
  50 m Lift Bag 6kg (men/women)
  50 m octopus (men/women)
  100 m medley (men/women)
  Reley 4 x 100 m medley (mixed composition: two women and two men)
  100 m octopus (mixed pair)

**13 of April:**
- Warm up 08:30 – 09:00
- **Competitive distances**: 09:00 – 11:30
  Obstacle course (men/women)
  Obstacle course (mixed pair)
  Obstacle course SOLO (men/women)
  50 m torpedo (men/women)
  Reley 4 x 50 m torpedo (mixed composition: two women and two men)
- Award ceremony 2 days (individual / couples / relay)

**14 of April:**
- Departure of teams
( * ) details of distance series planning during the competition days will be clarified after the team registration

6. INTERNATIONAL JURY
International Chief Judge: According to CMAS rules.

7. PROTEST
According to CMAS rules,(fees-50.0eur)

8. ANTIDOPING
According to CMAS rules.

9. WORLD CUP EVENT
1. DISTANCES
   Individual events:
   1. 100 m medley (men/women);
   2. 50 m Lift Bag 6kg (men/women);
   3. 50 m torpedo (men/women);
   4. Obstacle course SOLO(men/women).

   Pair distance:
   1. 50 m octopus (men/women)
   2. Obstacle course (men/women/mixed pair )
   3. 100 m octopus (mixed pair)

   Team events:
   1. Reley 4 x 50 m torpedo (mixed composition: two women and two men)
   2. Reley 4 x100 m medley (mixed composition: two women and two men)

Special game:
1. Wiggle TOWER (One category: Men or Women)

2. EVENT PARTICIPATION RULES
The event is open to both individuals and teams, from the national Federation or the selection of dive centres and clubs. Despite the origin, each of them will be called a "team" in the following cases.

One team is composed of a maximum of 4 men and 4 women. For each distance, one team can engage competitors as described:
Individual event: 2 men for men category & 2 women for women category

Pair event (for non-mixed event): 2 pairs of men & 2 pairs of women,

Pair event (for mixed event): 2 pairs, mixed.

Relay (for non-mixed event): 1 relay of 4 men & 1 relay of 4 women

Relay (for mixed event): 1 relay of 2 men + 2 women

Competitors must possess the following documents and papers:
- Valid proof of identity in accordance with Lithuanian immigration rules;
Valid CMAS license;
Valid medical certificate with English or Lithuanian translation;
Open Water Diver CMAS certificate one star * or affiliated Federation (internationally recognized diving school), this is the minimum certification/

3. CATEGORIES
- Men
- Women
- Mixed gender

4. RANKINGS & AWARDS

Distances rankings:
Classification and Podium will be done for each distance, and category:
- individuals/pair/relay,
- Gold/Silver/Bronze,
- Men/Women/Mixed.
- Nation rankings:
For this "Nation ranking", and only for this specific ranking, all the competitors of a same nation will be considered as one global team.
For example, if a nation "A" is represented by several teams, all the teams of this nation will be considered as “team “A’”.

Nation ranking: for each distance and category, the organiser will select from these global teams of the Nation, the 2 best results among them and make a classification.
This special ranking constitutes the nation ranking for each distance and category.

Each nation will collect points from this special ranking

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At the end of each distance, the points collected for this ranking of nations will be added up together nation by nation.
In the end, the first three nations will be awarded.

10. ORGANISATION ENGAGEMENT FEES
Entry fee - 60 Euro per participant
This amount must be paid before arrival.

There is one category, male and female.
One category is for Senior. The minimum age for competition is 14 years (the limit of the age is the age of the competitor on January 1 of the year of the championship; athlete will compete in this category until December 31 of the same year).

One team cannot register more than 4 competitors of the same gender (4 men/4 women). Each national team must bring 2 national flags (2m x 1m) and a CD with its national anthem (short version). Teams of clubs, sports schools and dive centres must also present their flag (2m x 1m) and wear matching attire representing their club and country.

11. BOOKING AND ENTRY FEE

Option (3days): Entry fee per participant is 120 €. This includes:
- Accommodation in double or triple hotel room.
- from Friday 11th April starting with dinner until 13th April Sunday ending with lunch.
- extra single room price 35 € per person/night

Extra day - 50€ per person.
Extra 2 day - 100€ per person.

Transfers:
- Vilnius airport – hotel - Vilnius airport - 50€ per person;
- Kaunas – hotel – Kaunas - 40€ per person;
- Palanga – hotel – Palanga - 20€ per person;
  Hotel – swimming pool - 200m.

Athletes refusing the full board accommodation offered by the organisers must pay 50 € per person organising fee.