1. GENERAL INFORMATION
The competition will take place in Kaunas (Lithuania) between 23rd of October (Thursday) and 27th of October (Monday), 2014.
Vilnius – Kaunas ~100km
2. COMPETITION POOL
The competition will be held in a newly built swimming pool „Girstutis“. The address of the swimming pool is Kovo 11 str., 26, Kaunas, Lithuania.

The „Girstutis“ swimming pool is 50 meters long, has 8 lanes, average water temp. is 26°C ± 1°C, depth of swimming pool is 2.5 meters. 
Warm-up 25 meter swimming pool and preparation area. 
Competition 50 meter swimming pool.
3. ORGANIZING COMMITTEE

The competition is organized by CMAS together with the Lithuanian underwater sport federation, Lithuanian sports department, International Olympic Committee (TOK), Kaunas municipality, Kaunas sports department.

For further information, do not hesitate to contact us at the following address:
Lithuanian Underwater Federation, A. Valančiaus 1A-10 Vilnius, Lithuania e-mail: kaunas.cmas@gmail.com
Aurelijus Kinas, head of federation: +37068658974
Virginija Juodeikienė, head assistant: +37061455040

3. PARTICIPATION

Only national federation teams affiliated with CMAS are eligible to participate in this competition. Teams must respect the rules of the championship, as well as the safety conditions and regulations set by the organizers and CMAS.

Sportsmen are

**Individual events  Senior and Junior**

1. Trial M 300 metres
2. Night Diving
3. Emersion 6 Kg

**Team events**

1. Obstacle course
2. Reley : 4x100
**Age of the participants**

The minimum age for competition is 14 years (birthday has to be before the competition date). Classifications are made out taking into account:

Two categories are established, male and female.

Two categories Senior over 18 years old and Junior 14-17 years old (the limit of age is the age of the competitor on January 1 of the year of the championship, athlete will compete in this category until December 31 of the same year).

One team cannot register more than 2 competitors of the same gender (2 men/women, 2 boy/girl) one. Each country is allowed to bring 1 national team. Lithuania as competition host may bring 2 national teams. Participants who are not part of their national team can compete individually. Each national team must bring 2 national flags (2m x 1m) and a CD with their national anthem (short version). Teams must also wear matching uniforms, representing their country.

**EQUIPMENT, MATERIALS AND UNIFORMITY**

The equipment and materials to enter the Scuba Diving in Swimming Pool competition are the following:

- Slip-type swimming trunks for men and complete swimming costume for women.
- Scuba diving face masks.
- Snorkel.
- Diving adjustable or non-adjustable fins (if it is required).
- Diving ballast (if it is required).
- Neoprene or isothermal suit (if it is required).
- Neoprene socks (if it is required).
- Stabilizing jackets.
- Regulator.Octopus.
- Water proof manometer.
- Scuba tank with a volume between 10 and 18 litres. DIN and YOKE
Competitors must possess the following documents and papers:

- Valid passport
- Valid CMAS license
- Valid medical certificate
- Valid health insurance
- OPEN WATER DIVER *

Preliminary starting lists must be submitted before the 1st of September, 2014. The deadline for team registration and starting list submission is 1st of October, 2014. Later submissions will not be accepted.

**COMPETITION SCHEDULE**

23rd October:
- Arrival before
- Training. Training fee - 10€ per person

24th October:
- Opening ceremony
- Obstacle course MORNING
- Emersion 6 Kg EVENING

25th October:
- Night Diving MORNING
- Trial M 300 metres EVENING

26th October:
- Reley : 4x100
- Award and closing ceremony 1
- Gala dinner 18:00
5. INTERNATIONAL JURY

International Chief Judge: According to CMAS rules.

6. CLASSIFICATION AND AWARDS

Individual prizes: medals will be given to the first three classified athletes in every individual category (men and women). 1st place winners will receive championship cups as well.

7. PROTEST

According to CMAS rules.

8. ANTIDOPPING


9. BOOKING AND ENTRY FEE

Option 1 (5days): Entry fee per participant is 400 €. This includes:
- Accommodation in single, double or triple hotel rooms.
- Breakfast, lunch and dinner, starting with dinner on the 23rd and ending with breakfast on the 27th of October, 2014.

- Transfer: Vilnius airport>hotel>Vilnius airport. (50€)
- Transfer: hotel>swimming pool>hotel.
- Participation at the opening and closing ceremony.

Option 2 (4days): Entry fee per participant is 320 €. This includes:
- Accommodation in single, double or triple hotel rooms.
- Breakfast, lunch and dinner, starting with dinner on the 23rd and ending with dinner on the 26th of October, 2014.
- Transfer: Vilnius airport>hotel>Vilnius airport. (50€)
- Transfer: hotel > swimming pool > hotel.
- Participation at the opening and closing ceremony.