International Finswimming and Sport Diving competition

Snow Fins 2013
15-20 November 2013, Tomsk - Russia
Dear Mrs/Mr President, dear sport friends,

Russian Underwater Federation and Tomsk Organizing Committee have the pleasure to invite you to participate in Snow Fins 2013 to be held in Tomsk, Russia from 15th to 20th November 2013.

You will find all the information concerning the competition and the forms necessary for your participation in this package.

We shall be very honored to welcome you soon in Tomsk, Russia.

Faithfully yours,

Natalia Grechikhina
Tomsk Regional Underwater Federation
President

Anna Arzhanova
Russian Underwater Federation
President
Regulations and competition program

1. **Denomination:**
   - Tomsk region underwater federation (TRUF) with the agreement of Russian underwater federation (RUF) and World Underwater Federation (CMAS) will organize the International Finswimming and Sport Diving competition Snow Fins 2013, which will be held in Tomsk on 15-20 November 2013.

2. **General information:**
   - CMAS Finswimming and Sport diving rules will be applied.

3. **Organization:**
   - Competition will be held in one category for finswimming competition - senior category (50 ap., 50 sf., 100 sf., 200 sf., 400 sf., 50 bf., 100bf. and 200 bf.)
   - One category for sport diving competition - senior category (300 m. Trial M and emersion 6kg)

4. **Participation conditions:**
   - The competition are for individuals ONLY;
   - Each competitor must have the National Federation Licence and CMAS Sport Licence;
   - Each competitor can take part at a maximum of three (3) individual races.

5. **Competition place:**
   - The competition will be held in:

All finswimming races except Sprint CMAS Cup – swimming pool "Kedr", 25 meters, 6 lanes, water temperature is 27C 1C
Address: Visotskogo Street 7, Tomsk
Sprint CMAS Cup and sport diving – swimming pool “Akvatika”, 25 meters, 4 lanes, water temperature is 27°C 1°C
Address: Lenina Street 207, Tomsk (http://akvatika.tomsk.ru/)

6. Enrolments:
   • The enrolments must be complete in the enclosed form and must be send by e-mail at the following addresses:
oxanasartakova@gmail.com
band88@mail.ru
THE ENROLMENTS MUST BE SEND AT BOTH E-MAILS

   • Hotel reservation and transportation:
oxanasartakova@gmail.com
band88@mail.ru
LETTERS MUST BE SEND AT BOTH E-MAILS

   • To receive an invitation and visa support, please write to:
ruf@ruf.ru Tel/fax - +7 495 493 83 83
PRELIMINARY ENTRY FORMS DEADLINE - 15.09.2013
FINAL ENTRY FORMS DEADLINE - 15.10.2013
7. **Competition program:**

**FINSWIMMING**

**15 November 2013**
- arrival and accommodation for finswimming competition participants
14:00 - 18:00 - athletes and other participants registration (IN SWIMMING POOL KEDR)
14:00 - 16:00 - training (IN SW. POOL KEDR)
16:00 - technical meeting (IN SW. POOL KEDR)
17:00 - judge meeting (IN SW. POOL KEDR)

**16 November 2013**

*morning*
9:30 - 10:15 - warm up
10:30 - start
Preliminary heats
- 50 surface (women, men)
- 50 bi-fins (women, men)
- 200 surface (women, men)
*evening*
16:00 - 16:45 - opening ceremony
17:00 - warm up
18:00 - start
**Finals**
- 50 surface (women, men)
- 50 bi-fins (women, men)
- 200 surface (women, men)
**Award ceremony**

**17 November 2013**

*morning*
9:30 - 10:15 - warm up
10:30 - start
Preliminary heats
- 50 apnea (women, men)
- 100 bi-fins (women, men)
- 100 surface (women, men)
*evening*
16:00 - 16:45 - warm up
17:00 - start
**Finals**
- 50 apnea (women, men)
- 100 bi-fins (women, men)
- 100 surface (women, men)
**Award ceremony**
18 November 2013

**morning**
9:30 - 10:15 - warm up
10:30 - start

**Direct finals**
- 400 surface (women, men)
- 200 bi-fins (women, men)

**Award ceremony**

**evening** (IN SW. POOL AKVATIKA)
16:00 - 16:45 - warm up
17:00 - **Sprint CMAS Cup**

**Sprint CMAS Cup**

- Sprint CMAS Cup (sprint marathon) consists of 8 male finswimmers and 8 female finswimmers
- 4 world best sprint male finswimmers and 4 world best sprint female finswimmers are invited to Snow Fins. Snow Fins organizers pay for their transport and accommodation expenses. These 8 finswimmers are decided after World Championship 2013 in Kazan after their results calculated. 2 male and 2 female are decided from combination 50 surface + 50 apnea; and other 2 male and female from combination 100 surface + 200 surface
- Other 8 finswimmers are decided on Snow Fins with similar calculation.

**Program:**

Heat 1 - 100 surface women (Snow Fins best finswimmers)
First two finswimmers proceed to heat 5
Heat 2 - 100 surface women (WC Kazan best finswimmers)
First two finswimmers proceed to heat 5
Heat 3 - 100 surface men (Snow Fins best finswimmers)
First two finswimmers proceed to heat 6
Heat 4 - 100 surface men (WC Kazan best finswimmers)
First two finswimmers proceed to heat 6
Heat 5 - 50 apnea women
First two finswimmers proceed to Grand Final
Heat 6 - 50 apnea men
First two finswimmers proceed to Grand Final

**Grand Final**

Heat 7 - 50 surface women
Heat 8 - 50 surface men
SPORT DIVING

18 November 2013
- arrival and accommodation for sport diving competition participants
13:00 - 16:00 - athletes and other participants registration (IN SWIMMING POOL AKVATIKA)
13:00 - 16:00 - training (IN SW. POOL AKVATIKA)
16:00 – technical and judge meeting meeting (IN SW. POOL AKVATIKA)

19 November 2013
11:00 - 11:45 - warm up
12:00 - start
- 300 m. Trial M
- Emersion 6kg

Award ceremony

20 November 2013
Delegations departure

! IMPORTANT ADDITIONAL INFORMATION !

18 November 2013
21:00
Closing and money awards & prizes ceremony
Stand-up meal and party at nightclub

19 November 2013
VIP reception, press conferences, excursions and more

8. Race judges and time registration:
The race will be directed by CMAS and RUF judges.
Chief judge - according to CMAS rules

9. Protest:
   • According to CMAS rules
   • CMAS Finswimming and Sport diving rules with a fee of 100€

10. Prizes:
Medals will be given for the first, second and third classified athletes in every individual race.
Money awards and prizes – see section 18

11. Doping control:
According to CMAS rules.

12. Behavior rules:
Team manager is responsible for the behavior of the athletes during the competition.
13. Responsibility:
   - TRUF, RUF, CMAS, the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things before, during or after the competition;

14. Accommodation:
Organizing Committee offers accommodation in:
Hotel Sputnik 3*, address: Belinskogo Street 15, Tomsk

a) Economy class:
   30€ / person / night / breakfast (single room)
   25€ / person / night / breakfast (double or triple room)

b) Standard:
   50€ / person / night / breakfast (single room)
   50€ / person / night / breakfast (double room)
   40€ / person / night / breakfast (triple room)

c) Luxe:
   100€ / person / night / breakfast (double room)
   110€ / 2 persons / night / breakfast (double room)

Meals:
Lunch + dinner can be organized in hotel for additional 15€ per person.

http://sputnik.tomskturist.ru/

15. Competition fee:
To participate in competition each athlete pays 50€.
(Cost of organized International competition Snow Fins 2013 including hotel – pool transfers.)

16. Transportation:
Airport Tomsk - hotel - Airport Tomsk – included in competition fee
Airport/Train station Novosibirsk - hotel Tomsk - Airport/Train station Novosibirsk - 100€/person

17. Special note:
THE PRESENT PROGRAM COULD BE MODIFIED FOR ORGANIZATION CAUSE.
18. **Awards:**

**Sprint CMAS Cup**

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<th>Place</th>
<th>Women</th>
<th>Men</th>
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<td>8</td>
<td>300$</td>
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1. **Best Bi-ins Swimmer – Women**
   (sum of 3 distances)

   1st place – 400$ + exclusive Diana finswimming set*
   2nd place – 300$
   3rd place – 200$

2. **Best Bi-ins Swimmer – Men**
   (sum of 3 distances)

   1st place – 400$ + exclusive Diana finswimming set*
   2nd place – 300$
   3rd place – 200$

3. **Best Bi-ins Swimmer – Girls**
   (sum of 3 distances)

   1st place – 400$
   2nd place – 300$
   3rd place – 200$

4. **Best Bi-ins Swimmer – Boys**
   (sum of 3 distances)

   1st place – 400$
   2nd place – 300$
   3rd place – 200$

*exclusive Diana finswimming set – finsuit, swimming cap, towel, t-shirt and bag
5. Best Finswimmer – *Girls*  
(sum of 3 distances – 50 ap, 50 sf and 100 sf)  
1st place – 400$ + exclusive Diana finswimming set*  
2nd place – 300$  
3rd place – 200$  

6. Best Finswimmer – *Boys*  
(sum of 3 distances – 50 ap, 50 sf and 100 sf)  
1st place – 400$ + exclusive Diana finswimming set*  
2nd place – 300$  
3rd place – 200$  

7. Best stayer – *Women*  
(sum of 2 distances – 200 sf and 400 sf)  
1st place – 600$  
2nd place – 400$  
3rd place – 200$  

8. Best stayer – *Men*  
(sum of 2 distances – 200 sf and 400 sf)  
1st place – 600$  
2nd place – 400$  
3rd place – 200$  

9. Best Sport Diver – *Women*  
(sum of 2 events – 300 m. Trial M and emersion 6kg)  
1st place – 500$  
2nd place – 300$  
3rd place – 200$  

10. Best Sport Diver – *Men*  
(sum of 2 events – 300 m. Trial M and emersion 6kg)  
1st place – 500$  
2nd place – 300$  
3rd place – 200$  

**Total prize fund**  
25 000 $  

*exclusive Diana finswimming set – finsuit, swimming cap, towel, t-shirt and bag*